



SPARKING  
IMAGINATION,  
CONVERSATION  
& CHANGE

Subsidiary Rights Guide  
October 2020  
Frankfurt Book Fair

## Pantera Press — taking on the world...

Pantera Press is a young and enthusiastic Australian book publisher, created to champion writing culture and literacy in Australia with a clear community and cultural purpose.

We discover and nurture talented Australian writers who are *great storytellers*. We also publish non-fiction *books that matter*, and have a quirky imprint designed for millennials, *Lost the Plot*. From our Australian origins we are now also publishing titles that fit our criteria from around the world. As a social purpose business, we use our profits to fund charities and not-for-profits that encourage reading and work to close the literacy gap in Australia.

We released our first titles in 2010 and were short-listed in 2013, 2014, 2018 and 2019 for the Australian Book Industry's (ABIA) Small Publisher of the Year Award. In 2015 we were short-listed for the ABIA Innovation Award. We are the only publisher to have been named a 'Heatseeker' by Nielsen BookScan for three successive years (indie publishers showing both the highest short-term and long-term growth). We have a team of seasoned industry professionals fast developing a list of award-winning and critically acclaimed authors and titles across a range of genres.

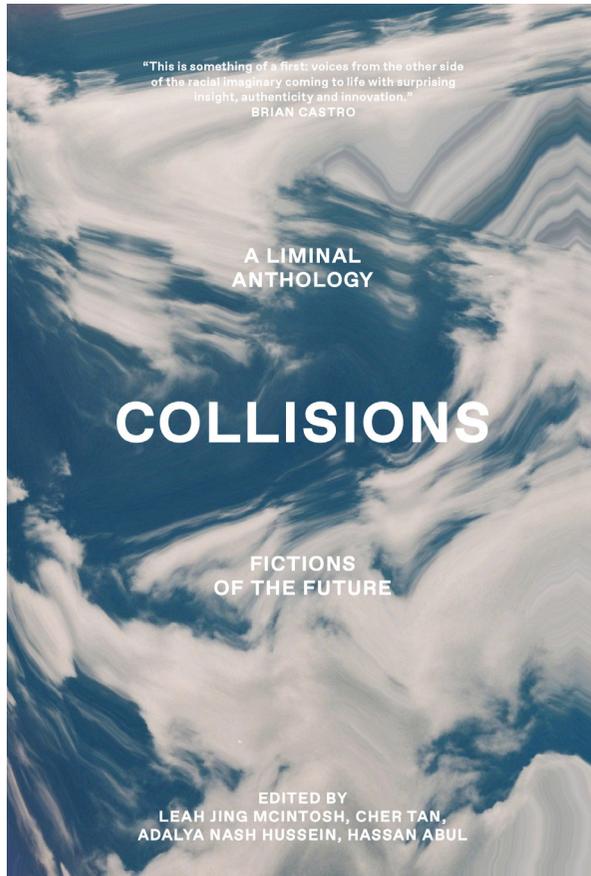
Our books are distributed in Australia and New Zealand by Bloomsbury, and we hold world rights to most of our titles. We would love to introduce you to our list.

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## Upcoming and Recent Adult Fiction

# COLLISIONS: Fictions of the Future



Experimental, genre-bending, lucid stories of the future - an anthology of the longlisted pieces from the inaugural LIMINAL Fiction Prize for Australian writers of colour.

What does the future hold? A tense dinner party is held amid an impending climate catastrophe. A father leases his backyard out to a cemetery. Activists plan an attack on ASIO drones in a shock-jock run government. A voyeur finds herself caught in time. Featuring both emerging and established writers of colour, this collection showcases some of the best work that Australian literature has to offer.

These stories are sites for collisions: against eurocentric ideals, against narrow concepts of excellence, against stagnant ideas of the world to come. But collisions also manifest in the way our lives come into contact with others, how our pasts shift against the present, and how our imaginations sit against our realities.

*Collisions* is necessary reading for the future of fiction, and the future of our shared world.

Contributors include Prize winner Bryant Apolonio, Claire G Coleman, Elizabeth Flux, Bobuq Sayed, Mykaela Saunders and Eda Gnaydn.

## About the Editor



*Leah Jing McIntosh is the founding editor of LIMINAL magazine. Profiling and elevating the work of Asian-Australian creatives, LIMINAL was created in response to a need for greater diversity in the arts.*

*Leah has collaborated with The New York Times, Melbourne Writers Festival, and the Australian National University, amongst other organisations, to promote the work of Asian-Australian creatives.*

*She has written for The Saturday Paper, Meanjin Quarterly, and Archer Magazine, amongst others, and is currently completing her PhD at the University of Melbourne. She has been a Victorian nominee for Young Australian of the Year, named in Forbes Asia's 30 Under 30: Class of 2020, and Asialink's 40 under 40 most influential Asian-Australians.*

Pub Date: November 2020

ISBN: 9780648795186

Category: Literary Fiction

Format: Paperback C 234mm x 153mm

Extent: 168pp

Rights Held: World

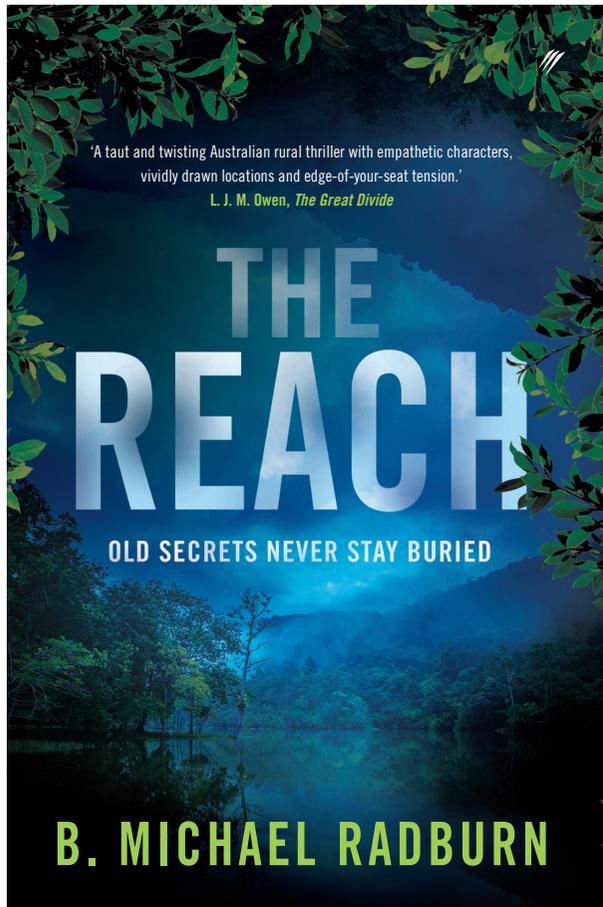
*"Harmonious but discordant, language stretched and challenged: each story a container for separate heartbreaks and epiphanies." Jamie Marina Lau*

*"LIMINAL beautifully and deftly showcases players in the Australian arts scene that are so often overlooked, but arguably constitute its beating heart. What a goddamn joy they're now doing the same for fiction." Benjamin Law*

*"This is something of a first: voices from the other side of the racial imaginary coming to life with surprising insight, authenticity and innovation." Brian Castro*

*"It excites me to read genre work that still speaks to the anxieties and pain of the subject position - whether that be first nations, diaspora, queer or gender diverse. The content in this publication represents a step forward for minority writing in the Australian literary landscape." Peter Polites*

# THE REACH | B. Michael Radburn



Pub Date: February 2021  
 ISBN: 9781925700510  
 Category: Crime Fiction  
 Format: Paperback C 234mm x 153mm  
 Extent: 352pp  
 Rights Held: World  
 Rights Sold: Audio (Wavesound)

## Old secrets never stay buried.

*An isolated town with a dark past...*

Devlins Reach in the Hawkesbury River is known for its secluded location and picturesque beauty. But within its tight-knit community of loggers, store owners and tight-lipped locals, a killer is on the loose.

When three bodies are unearthed in an excavation site, park ranger and wilderness expert Taylor Bridges is called in to help local police, and he discovers the town has an unsettling history. But Taylor has a past of his own that still haunts him and his family.

As a torrential storm grows closer, the Reach goes into lockdown. With no way in or out, Taylor finds himself in race against the power of nature to catch the killer before the whole town goes under.

*"The Reach, B. Michael Radburn's taut Australian rural thriller, is a skillfully woven tale of empathetic characters, vividly drawn locations and edge-of-your-seat tension. Don't make any other plans - you'll have to read to the electrifying conclusion of this hunt for a killer in an isolated logging community."*

L.J.M. Owen, author of *The Great Divide*

## About the Author

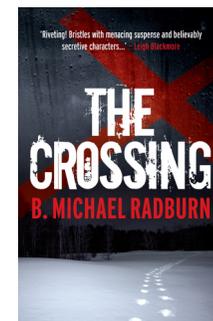


*Between road trips on his Harley Davidson, B. Michael Radburn is a family man. The hauntingly beautiful surrounds of his rural Southern Highlands holding inspire his stories. Radburn was an award-winning short-story writer before he moved to writing novels. This freed him to explore his characters, as well as the natural and supernatural environs in his work. He also has a deep passion for music. Radburn treasures the time he spends jamming on guitar, banjo and harmonica.*

## Praise for B. Michael Radburn

*"A riveting tale of deception and desperation...an impressive Australian thriller... one for the dark, cold winter nights ahead"* ABC Radio

*"This innovative thriller is gripping throughout... fast pace and three-dimensional characters gave it a great momentum"* Good Reading Magazine



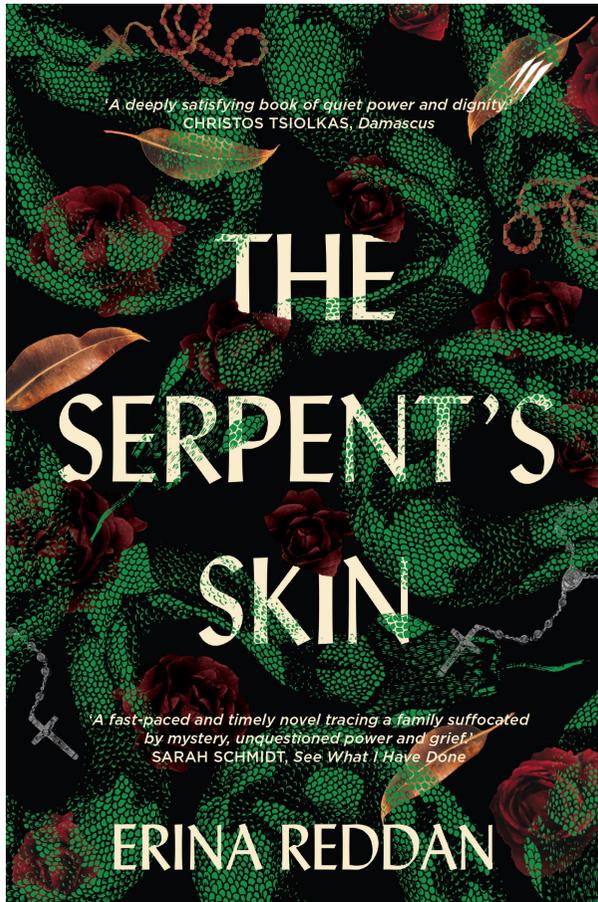
## THE CROSSING

Rights Sold:  
 French (Editions du Seuil);  
 Audio (Wavesound); Film  
 Option (James Khehtie)

## THE FALLS

Rights Sold:  
 French (Editions du Seuil);  
 Audio (Wavesound)

# THE SERPENT'S SKIN | Erina Reddan



Pub Date: March 2021

ISBN: 9781925700732

Category: Literary Crime Fiction

Format: Paperback C 234mm x 153mm

Extent: 350pp

Rights Held: World

Rights Sold: Audio (Bolinda)

**An extraordinary novel about overcoming male power, the strength of sibling bonds and the secrets that can haunt a family. Most of all, *The Serpent's Skin* is about the many ways we prove our love.**

It's a cold and wintery night in 1968 and ten-year-old JJ's mother isn't home. The cows are milked, the pigs fed, and her dad won't answer any questions.

Sarah is the lifeblood of their family, and her absence throws everyone off course: Tessa takes charge, Tim makes mistakes, Philly retreats, and JJ blames herself. Their father works hard to keep up appearances, but something's not right. It's always been JJ's job to cause trouble, and when she can't leave the clues alone, her sleuthing wreaks havoc in their tight-knit community, and she swears off troublemaking for good.

Fourteen years on, JJ has a new life, a loving partner and a good job. But she puts it all in jeopardy when she stumbles across a chance to solve the dark mystery of her childhood. While pretending to have made peace with it, she organises a final farewell for her mother so they can all put the past behind them. Will the explosive truth finally set them free?

*"A deeply satisfying book of quiet power and dignity. I loved the sparse poetry of the writing, and the punchiness and strength of this novel's voice."*  
Christos Tsiolkas, *The Slap*

## About the Author



*Erina Reddan is a writer, a strategist, a public speaker and author. She has a Master's Degree in Professional Writing (University of Technology Sydney) and is currently undertaking a PhD in Creative Writing (La Trobe University).*

*She has been awarded the prestigious Walkley Award for her work as an ABC foreign correspondent, and won the Screen Producers Association of Australia's pitching award (Holding Redlich) for the documentary concept, Ghosts in the Machine.*

*"A powerful, gripping read, with a cast of complex, satisfyingly original characters. Erina Reddan has written a rich, memorable Australian novel."* Graeme Simsion, *The Rosie Project*

*"A perfect jewel of a book, captivating, rare and precious. The dark beauty of *The Serpent's Skin* twists its way into your heart, refusing to let go until its devastating but triumphant conclusion."* Elise McCredie, *Nowhere Boys*

*"achingly poignant, deeply touching"*  
Toni Jordan, *Fragments*

*"A fast-paced and timely novel tracing a family suffocated by mystery, unquestioned power and grief."* Sarah Schmidt, *See What I Have Done*



Pub Date: March 2021

ISBN: 9780648676942

Category: Commercial Womens Fiction

Format: Paperback C 234mm x 153mm

Extent: 350pp

Rights Held: World exc North America

*Twelve years had passed since the last Harvest Ball. I was just eighteen when my hometown crowned me their Peach Queen with a blossom coronet. And I was eighteen when I left.*

*One tanked career, one badly timed glamour shoot and one dead boyfriend later, thirty-year-old Lottie Bentz is finally going home.*

*Back in the orchard town of Bonnievale, Lottie embarks on a radical declutter of her life, Marie Kondo-style. She casts out everything that got her into trouble: her phone, socials, make-up and a tendency to tell little white lies – to herself and others. But home has its own issues, not least Lottie’s staunchly feminist mother, who is furious with her.*

*When Lottie lands herself a place to stay in exchange for helping kindly Mrs Brooker try out the Kondo method, it seems like the perfect farm escape. That’s until Angus, Lottie’s former Peach King and heir to the Brooker orchards, makes it clear she’s not welcome – especially when Lottie’s declutter begins to stir up long buried memories and half-truths.*

*As Lottie finds her way back to herself, can she use her talents to coax Bonnievale and the Brookers out of the past? After all, everyone deserves to feel love, hope and the occasional spark of joy.*

**A deeply moving story about hope, forgiveness, growing up and older, and falling back in love with life again.**

## About the Author



Sasha Wasley was born and raised in Perth, Western Australia. She completed a PhD in feminist literature at Curtin University in 2006, and went on to work as a copywriter on topics ranging from mine safety to sex therapy. Sasha’s debut novel was published in 2015, after which she gave up her copywriting business to pursue her fiction writing career.

Sasha is passionate about levelling the playing field for members of the community experiencing disadvantage. She is an Ambassador for the Books in Homes Australia charity which provides books of choice for children in disadvantaged circumstances to keep in their home libraries.

*“A heart-grabbing Aussie story that doesn’t shy away from exploring complex family relationships, Spring Clean for the Peach Queen is a book to savour.”* Rachael Johns

*“A moving and engaging read from the first page to the last. Couldn’t put it down.”* Jennie Jones

*“I loved this deeply moving, relevant novel from a wonderful Australian storyteller about family, the ties that bind, chasing dreams, and what home really means. All the feels!”* Tess Woods

# THE FAVOUR | Rebecca Freeborn



*'There was a smug satisfaction in the knowledge that her friend's picture-perfect life was tainted by a dirty secret. Quinn may be far from perfect, but she'd always have that over Hannah.'*

Old friends Hannah and Quinn have grown apart over the years as their lives take them in opposite directions. Hannah cares for her three young children, her career on hold, while Quinn has a successful job in advertising, where she works hard and plays harder. But their friendship hangs together because of a terrible secret they share from their university days – a debt Hannah owes Quinn that they can never discuss.

Quinn has always kept her professional and personal lives separate, but these worlds collide when a colleague assaults her. As her life starts falling apart, Quinn decides to take revenge on her attacker – and she expects her old friend Hannah to help. But when things begin to unravel, Hannah must decide how much she's willing to risk in order to return the favour.

**A gripping examination of the darker side of friendship, power and loyalty. How far would you go to repay a debt?**

Pub Date: May 2021

ISBN: 9780648677079

Category: Contemporary Women's Fiction

Format: Paperback C 234mm x 153mm

Extent: 356pp

Rights Held: World

## About the Author

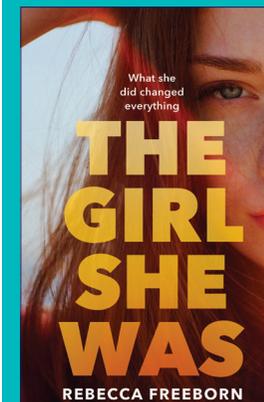


*Rebecca Freeborn has been writing compulsively since she was old enough to wield a pen, both for her work in media and communications and for pleasure.*

*She has had several short stories published and has several manuscripts under development, both literary fiction and contemporary women's fiction.*

*She lives in Adelaide with her husband, three children and three very entitled pets.*

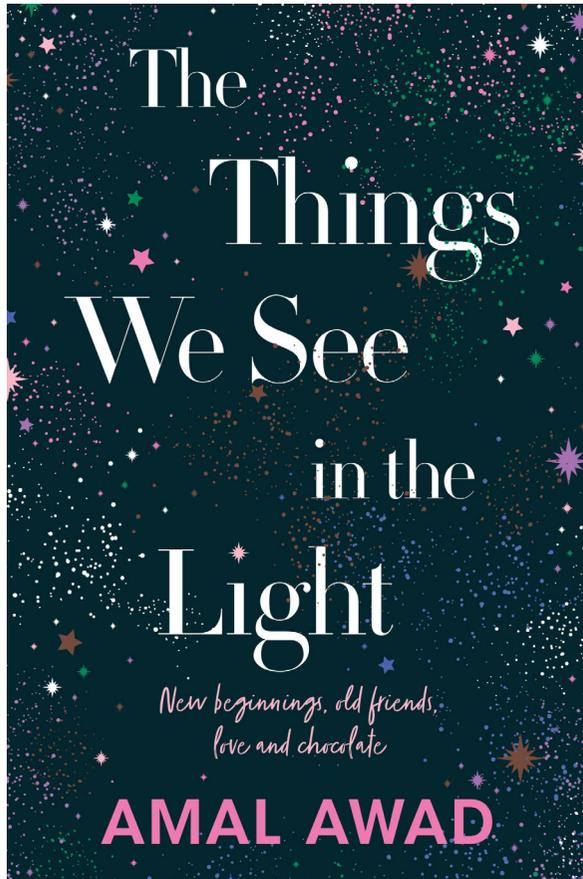
## Praise for *The Girl She Was*



*"Cleverly concocted undercuts of narrative expectation and a deft sense of life's trajectories."*  
The Australian

*"This novel has many strengths, none more so than the pitch-perfect dialogue - and real suspense. Yet what lingers is that it is all so possible"*  
The Weekly Times

# THE THINGS WE SEE IN THE LIGHT | Amal Awad



Pub Date: July 2021  
ISBN: 9780648676966  
Category: Contemporary Women's Fiction  
Format: Paperback C 234mm x 153mm  
Extent: 356pp  
Rights Held: World

Eight years ago, Sahar pursued her happily ever after when she married Khaled and followed him to Jordan, leaving behind her family, her friends and a thriving cake business. But married life didn't go as planned and, haunted by secrets, Sahar has returned home to Sydney without telling her husband.

With the help of her childhood friends, Sahar hits the reset button on her life. She takes a job at a local patisserie run by Maggie, a strong but kind manager who guides Sahar in sweets and life.

But as she tentatively gets to know her colleagues, Sahar faces a whole new set of challenges. There's Kat and Inez, who are determined that Sahar try new experiences. Then there's Luke, a talented chocolatier and a bundle of contradictions.

As Sahar embraces the new, she reinvents herself, trying things once forbidden to her. But just when she is finally starting to find her feet, her past finds its way back to her.

## Previous praise for Amal Awad

*"Genre is great for challenging misconceptions, preconceptions and any other kind of false conception one may encounter. Anita Heiss did it with her Dreaming series for Indigenous women and Amal Awad has done it for Muslim women in Australia."* Mehal Krayem

*"Courting Samira is like pulling up a chair with your best friend for a long chat. Awad is a welcome, fresh voice to the genre... A memorable debut novel from an author from whom I hope we'll hear much more."* Dr Susan Carland

## About the Author

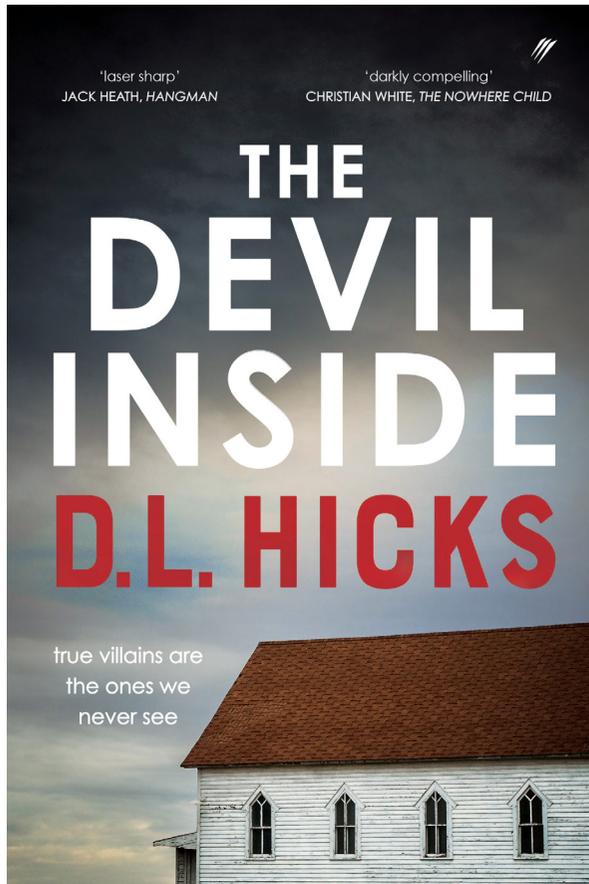


*Amal Awad is a journalist, screenwriter, author and performer. She has contributed to ELLE, Frankie, Meanjin, Going Down Swinging, Daily Life, Sheilas, SBS Life and Junkee. As well, Amal has produced and presented for ABC Radio National and has held senior editorial roles at a number of trade publications.*

*Amal is a public speaker, appearing at schools, universities and writers' festivals around Australia. She presents workshops on storytelling and creativity, has been a regular panellist on ABC TV's The Drum and was a TEDx Macquarie speaker in 2019.*

*Amal is the author of two novels – Courting Samira and This is How You Get Better – and the non-fiction books The Incidental Muslim, Beyond Veiled Clichés: The Real Lives of Arab Women and Fridays With My Folks: Stories on Ageing, Illness and Life. She has also contributed to the anthologies Growing Up Muslim in Australia: Coming of Age and Some Girls Do ...: My Life as a Teenager. Her next non-fiction book, In My Past Life I was Cleopatra, will be published in 2020.*

# THE DEVIL INSIDE | D L Hicks



Pub Date: February 2020

ISBN: 9781925700817

Category: Crime Fiction

Format: Paperback C 234mm x 153mm

Extent: 350pp

Rights Held: World

Rights Sold: Audio (Wavesound)

*Do not fear what you are about to suffer. Revelation 2:10*

In a peaceful coastal town, a young woman is found brutally murdered, a piece of scripture held tightly in her hand. Local detective Charlotte Callaghan is put on the case, and she's glad for the distraction – Gull Bay can be a hard place to keep a secret, and she's holding on to a few.

After Charlotte asks her brother, Father Joseph Callaghan, about the verse, her suspicions fall on his parishioners. Then a second victim is found, along with another biblical message.

A dark betrayal is concealed within the small community. For Charlotte, there's something personal about this case, something that threatens the very core of her beliefs. Can she unravel this mystery before it tears her town apart?

*"A world where evil begets evil, none of the good guys can trust each other and the bad guy has a hell of an axe to grind."  
Jack Heath, bestselling author of Hangman*

*"Hicks leads the reader on a dark and darkly compelling journey that builds to a thrilling, breath-holding climax."  
Christian White, bestselling author of The Nowhere Child*

## About the Author



*David Hicks has been a police officer with Victoria Police and has worked on the street for over twenty years, a job which he describes as giving him a front seat to crime and humanity in all its colour – both good and bad – while also providing ideas and insights for his writing.*

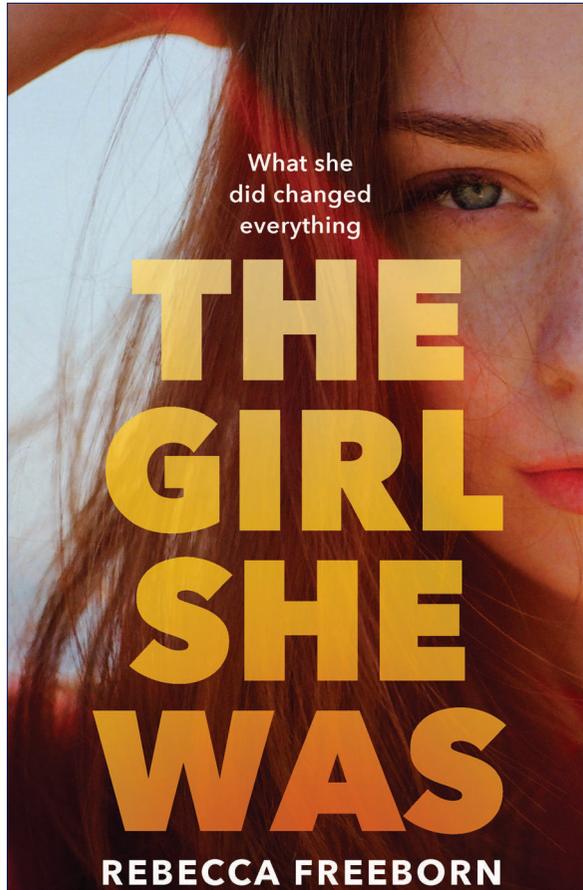
*Through his stories, David hopes to challenge readers to examine the line between good and evil and how circumstance can alter a person's life in the blink of an eye. Along with writing fiction, he has written an extensive article for the Australian Police Journal.*

*David lives in Geelong with his wife and two children - complete with a dog and picket fence. The Devil Inside is his first novel.*

*"A chilling but also emotional debut"  
New Idea*

*'...an electrifying read... the plot is well structured... and the twists and stings in the tail end of this tale are well worth it and provide a resolute satisfaction.'  
Glam Adelaide*

# THE GIRL SHE WAS | Rebecca Freeborn



*'She'd long ago stopped wondering whether anyone would find out what she'd done. It was in the past, and Layla didn't dwell on the past.'*

Layla was just like any other teenager in the small town of Glasswater Bay: she studied hard, went out with her friends and worked at the local cafe after school. But when her attractive, married boss turned his attention on her, everything changed.

Twenty years later, she's living a quiet life in the suburbs with a loving husband and two children. She's finally left the truth of what happened behind. Until she receives a text message: I know what you did.

For years, she's outrun her past, turning away from her friends and her home town. Now her past is about to catch up.

Pub Date: March 2020  
ISBN: 9780648508434  
Category: Contemporary Women's Fiction  
Format: Paperback C 234mm x 153mm  
Extent: 356pp  
Rights Held: World  
Rights Sold: Audio (Bolinda)

### Praise for *The Girl She Was*

*"Cleverly concocted undercuts of narrative expectation and a deft sense of life's trajectories."*

The Australian

*"This novel has many strengths, none more so than the pitch-perfect dialogue and real suspense. Yet what lingers is that it is all so possible."*

The Weekly Times

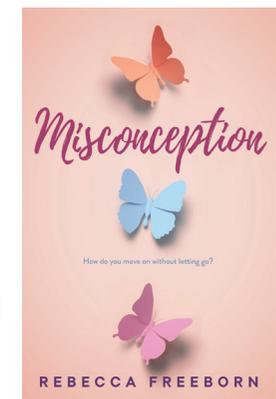
## About the Author



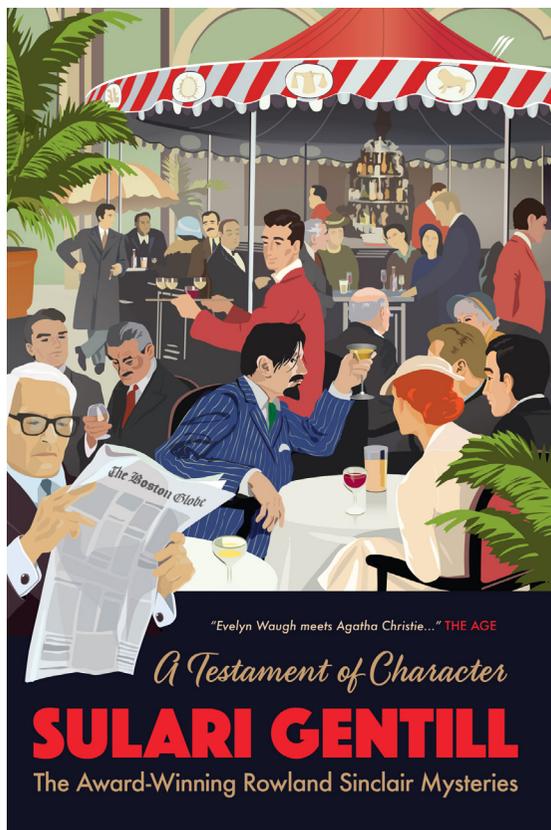
*Rebecca Freeborn has been writing compulsively since she was old enough to wield a pen, both for her work in media and communications and for pleasure.*

*She has had several short stories published and has several manuscripts under development, both literary fiction and contemporary women's fiction.*

*She lives in Adelaide with her husband, three children and three very entitled pets.*



# A TESTAMENT OF CHARACTER | Sulari Gentill



## THE TENTH BOOK IN THE ROWLAND SINCLAIR MYSTERY SERIES

In fear for his life, American millionaire Daniel Cartwright changes his will, appointing his old friend Rowland Sinclair as his executor.

Soon murder proves that fear well founded.

When Rowland receives word of Cartwright's death, he sets out immediately for Boston, Massachusetts, to bury his friend and honour his last wishes. He is met with the outrage and anguish of Cartwright's family, who have been spurned in favour of a man they claim does not exist.

Artists and gangsters, movie stars and tycoons all gather to the fray as elite society closes in to protect its own, and family secrets haunt the living. Rowland Sinclair must confront a world in which insanity is relative, greed is understood, and love is dictated; where the only people he can truly trust are an artist, a poet and a passionate sculptress.

## About the Author



*Award-winning author Sulari Gentill set out to study astrophysics, graduated in law, and then abandoned her legal career to write books instead of contracts. Born in Sri Lanka, Sulari learned to speak English in Zambia, grew up in Brisbane and now lives in the foothills of the Snowy Mountains of NSW where, with her historian husband, she grows French black truffles, cares for a variety of animals and raises two wild colonial boys. Sulari also paints, but only well enough to know she should write, preferably in her pyjamas.*

*Sulari is the author of nine books in the award-winning and best-selling Rowland Sinclair Mysteries as well as the Greek mythology adventure series The Hero Trilogy.*

Pub Date: March 2020

ISBN: 9780648508489

Category: Historical Crime Fiction

Format: Paperback C 234mm x 153mm

Extent: 384pp

Rights Held: World

Rights Sold: North America (Poisoned Pen Press); UK and Commonwealth ex ANZ and Canada (Oldcastle Books); Audio (Wavesound)

*"Evelyn Waugh meets Agatha Christie." The Age*

*"Gentill immerses us in an unfamiliar world that quickly becomes one we willingly reside in." Herald Sun*

*"... provides the reader with a slick and entertaining story that expertly combines exciting history detail with a scintillating mystery." Canberra Weekly*

# THE ROWLAND SINCLAIR MYSTERIES | Sulari Gentill

Rowland Sinclair, the black sheep of a wealthy Australian rural grazing family, and his loyal and endearing companions, artist Clyde, poet Milton and the beautiful sculptress Edna, find themselves repeatedly in the wrong place at the wrong time, embroiled in murder and mayhem.

This award-winning gentleman detective series offers a tantalising insight into the people and politics that shaped 1930s Australia and the world, including a fascinating array of real characters, many of whom changed the course of history.

Rowland Sinclair and his friends are guaranteed to charm you against the very real backdrop of the tensions of the Great Depression and the rise of fascism, solving crimes from Australia to London and Germany in their inimitable style.



## AWARD WINNING SERIES

### A FEW RIGHT THINKING MEN

Shortlisted for the Commonwealth Writers Prize, 2011

### A DECLINE IN PROPHETS

Winner of the Davitt Award for Best Crime Fiction, 2012

### PAVING THE NEW ROAD

Shortlisted for the Davitt Award for Best Crime and Mystery, 2013

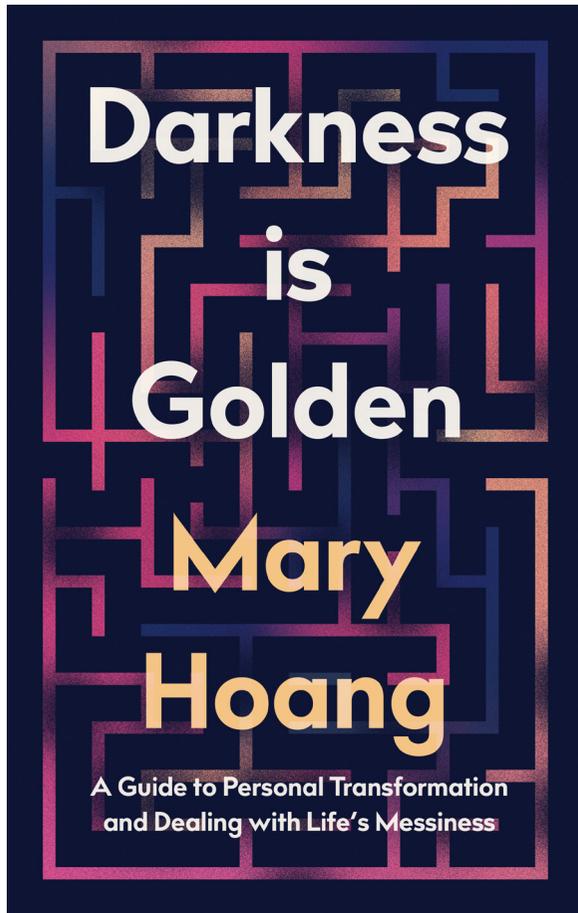
### A MURDER UNMENTIONED

Highly Commended, Best Adult Crime Fiction, Davitt Awards, 2015

Shortlisted for the Best Crime Novel, Ned Kelly Awards, 2015

Shortlisted for the Australian Book Industry Awards Small Publisher Adult Book of the Year, 2015

## Upcoming and Recent Adult Non-Fiction



Pub Date: January 2021

ISBN: 9781925700718

Category: Personal Development/Psychology

Format: Paperback C 234mm x 153mm

Extent: 278pp

Rights Held: World

### A Guide to Personal Transformation and Dealing with Life's Messiness

**Life is messy: no matter how we try to control our lives, unpredictable and difficult things happen to us all.**

Disappointment, heartbreak and anxiety are painful. But in this powerful new vision, Mary Hoang reveals the hidden gold that lies in your darkness, showing you how exploring your shadows can give you a new sense of direction for the future.

Does anxiety rule you? Do you sometimes feel like you're not doing this whole life thing right? Do you find it hard to understand what self-love and self-worth really mean?

*Darkness is Golden* is your invitation to value and accept yourself - to trust your inner voice, break unhelpful habits and live a life on your own terms.

Dealing with the mind is complex. Mary Hoang digs up the golden nuggets she has discovered over a decade in the therapy room, and combines them with unique audio experiences framed by her research in music psychology. You will learn how to build healthier relationships, make space for possibilities and find your wisdom.

This book is an opportunity to open your heart, let go of past pain and find your way home - back to yourself.

*It's time to dance with your darkness.*

### About the Author



*Mary Hoang is an entrepreneur, artist and the head psychologist and founder of The Indigo Project, Australia's largest and most progressive psychology practice. Since 2009, she has been pioneering a creative approach to psychology. Mary has emerged as a leader in the humanisation and transformation of the mental health industry.*

*After her father's death in 2017, Mary turned to art and writing to explore the darker aspects of life - anxieties, fears, insecurities, loss, emotional pain and 'baggage' - and how these hold the keys to insight, meaning and purpose. The moving artworks she produced, utilising sound, psychology and installation, informed groundbreaking research by the University of Melbourne.*

*Covering issues such as:*

**Why Your Answers Lie in Your Shadows  
What Makes You Think the Way You Do  
In Defence of Emotions. (All of Them).  
Finding Wisdom When Nothing Makes Sense  
How to Listen to Yourself  
Boundaries and Communication in Relationships  
How to Let Go  
Your Vision for Authentic Living  
The Cycles of Change and Their Great Gift**



**Courtney Act's Memoir about Gender, Sexuality and Growing Up Fluid**

Pub Date: October 2021

ISBN: 9780648795131

Category: Non-fiction - Memoir

Format: Paperback C 234mm x 153mm

Extent: 350pp + 16 pp photo insert

Rights Held: World

**A powerfully smart, fearless and profound and personal insight into gender, sexuality and identity.**

As Courtney Act, Brisbane-born Shane Jenek has built a glittering international career as a drag queen, singer and performer. After wowing audiences on *Australian Idol* and *Ru Paul's Drag Race*, Shane entered Britain's *Big Brother* in 2018. In that hothouse environment, he disarmed viewers and contestants alike with his authenticity, warmth and wit. Not only did he win the competition, he won the world over with positive, insightful conversations about gender, sexuality, body image and identity.

But the self-knowledge that underpins Shane's advocacy was hard fought for. In *It's All an Act*, he describes growing up in suburbia, with its narrow gender stereotypes, and how his passion for singing and dancing and his loving family buffered him against feeling somehow different. In Sydney, he found his place in the queer community and Courtney emerged. While the self-belief that would propel Courtney to stardom was there from the beginning, self-understanding took a lot longer.

**This landmark memoir will charm you, educate you, and take you on a journey to understand what it's like to be a loud, proud, passionate genderfluid queer icon.**

## About the Author



*Boy, girl, artist, advocate. Courtney Act is more than just the sum of her parts. She is a contemporary artist, one of the first to show their gender fluidity.*

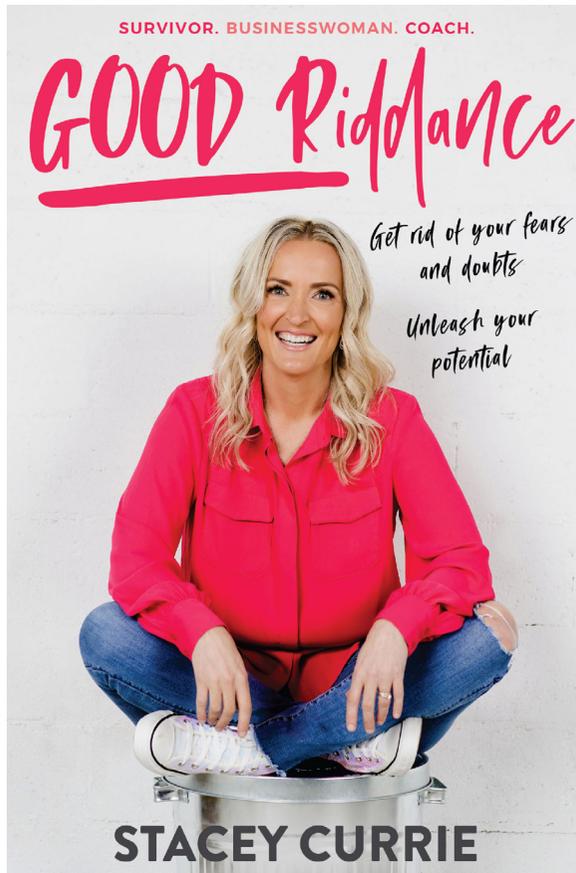
*Courtney broke out of the box in 2003 to make it to the semi-finals of Australian Idol, and then signed to Sony/BMG. In 2014 she was one of the Top 3 in Season 6 of the Emmy Award-winning RuPaul's Drag Race, and in 2018 she was the winner of Celebrity Big Brother UK - educating viewers on queer issues such as gender identity and fluidity, sexuality, same-sex marriage and more.*

*Courtney has 1.2 million followers on Instagram, 461,00 followers on Facebook and 339,000 on Twitter.*

*"Engaging, entertaining and educational, Courtney Act shares her story in an effort to help people understand gender fluidity"*  
Broadway World

*"As if her voice isn't enough, her quick-witted comedy flows through the show effortlessly."*  
Edinburgh Fringe Magazine  
2017





**Get Rid of Your Fears and Doubts. Unleash Your Potential.**

*Ever wondered whether change is possible? Respected businesswoman Stacey Currie is proof that it is.*

Raised in housing commission accommodation, Stacey was pregnant at 15. At 19, she had two kids and was homeless. At 21, authorities gave her a stark choice: leave her abusive partner and go into counselling or lose her three kids to foster care. Stacey had to make big changes. When all she knew was battling, figuring out goals for her ‘new life’ seemed impossible. Starting with what she didn’t want, she got rid of one unhelpful habit after another. Now a qualified leadership coach and mentor, the happily married mother of five shares how she turned her life around.

Each chapter of *Good Riddance* focuses on a habit Stacey once had – things like blaming others, hanging on to limiting beliefs, being addicted to drama – and shows how she got herself unstuck. With her no-bullshit style and humour, Stacey is the life coach you’ve always needed. Her explanations, exercises and prompts will see you regain hope, lose your baggage and set up a new chapter in your life.

*Say good riddance to bad rubbish – and start living the life you really want.*

**About the Author**



*Stacey is a keynote speaker, successful businesswoman, mother of five and inspiration to thousands of people who have adopted her life lessons. Using her street-smart wisdom, Stacey lives by the philosophy that to be more, you need less.*

*As a qualified leadership coach and mentor, Stacey is known for her rawness, honesty and compassion. Her keynote speech Good Riddance has captivated audiences across Australia.*

*Stacey has appeared on TV shows such as the Today Show, 7.30 Report and 60 Minutes to share her against-the-odds life story. She has been featured in many newspapers and magazines, such as BRW, The Age and The Herald Sun.*

*Good riddance to being a victim  
Good riddance to being broke  
Good riddance to easy choices  
Good riddance to limiting beliefs  
Good riddance to other people’s opinions  
Good riddance to drama  
Good riddance to blaming others  
Good riddance to things outside your control  
Good riddance to expecting rainbows and cupcakes  
Good riddance to your lowest values  
Good riddance to your distractions  
Good riddance to begging others to give a shit*

Pub Date: March 2021

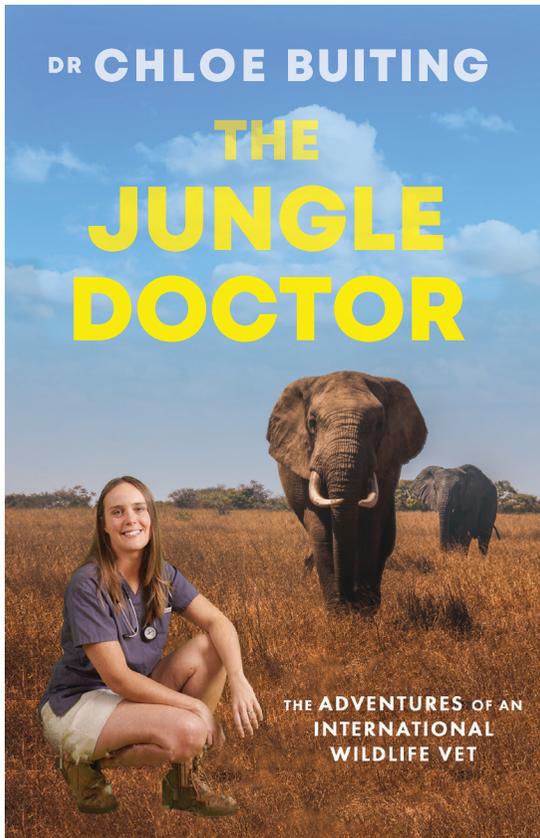
ISBN: 9780648676904

Category: Non-fiction - Personal Psychology

Format: Paperback C 234mm x 153mm

Extent: 300pp

Rights Held: World



### The Adventures of an International Wildlife Vet

Explore the majestic, biodiverse world with Australia's very own jungle vet.

Fresh from veterinarian school, passionate conservationist Dr Chloe Buiting headed for the frontline of South Africa's rhino-poaching crisis, going on to live and work with Masai communities in Northern Tanzania. And the adventures just kept on coming!

From catching wild giraffes by helicopter in Zimbabwe to treating elephants with prosthetic legs in Asia, fitting toucans with 3D-printed beaks in Central America and attending to endangered orangutans in central Borneo, Chloe's compassion for animals in their natural habitat pushes her into awe-inspiring locations – and hair-raising situations.

See what life is like in a job where no day is ever the same. Go on a journey into the eye-popping world of conservation, where run-ins with incredible creatures are commonplace.

*Includes background on Chloe's upbringing and vet training in Australia as well as inspiring, educational and entertaining stories on working with wildlife overseas in Africa and the Americas - including Zimbabwe, Kenya, Uganda, Malawi, South Africa, Central America and the USA.*

### About the Author



*Chloe Buiting is an Australian veterinarian and wildlife conservationist. Her experience growing up on Australia's beautiful Lord Howe Island inspired her to pursue a career in the field of wildlife conservation.*

*Chloe completed a Bachelor of Science and Doctor of Veterinary Medicine, both at the University of Melbourne. Following this, she undertook additional training in large animal anaesthesia in Africa. Chloe has since spent time both working and volunteering with a range of wildlife organisations around the world.*

*Chloe shares her adventures on Instagram as @jungle\_doctor, and through her website <https://jungledoctor.org>. When she isn't working abroad, she lives with her husband Jan (who is also a wildlife vet!) on Kangaroo Island in South Australia. They enjoy surfing, snorkelling, time with friends, photography and, of course, looking after the orphaned kangaroo and koala joeys that come into their care!*

Pub Date: May 2021

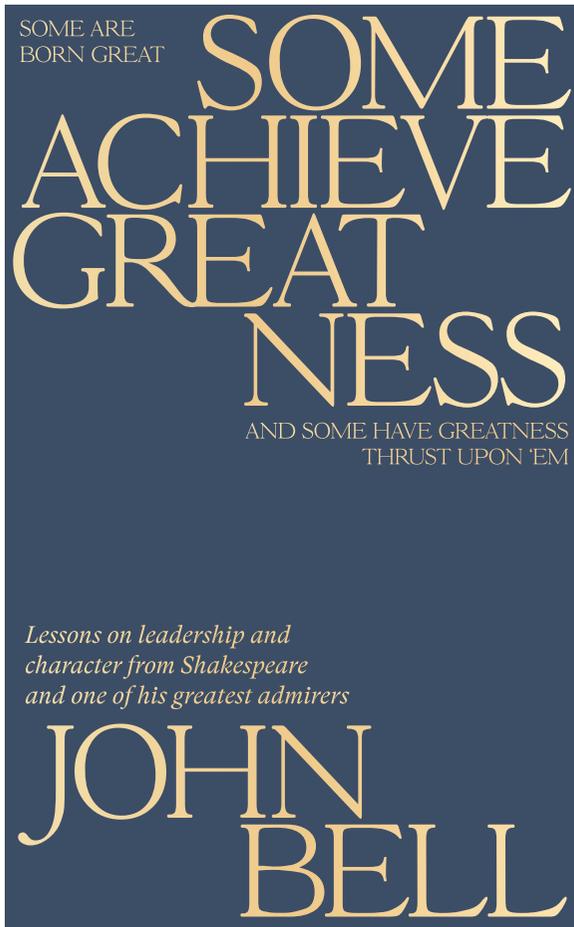
ISBN: 9781925700671

Category: Non-fiction - Veterinary Science Memoir

Format: Paperback C 234mm x 153mm

Extent: 320pp +12 pp picture section

Rights Held: World



## Lessons on Leadership and Character from Shakespeare and One of His Greatest Admirers

For the last twenty years or more the cry on everybody's lips has been "Leadership!" From the moral abyss in church leadership, to the mess of Brexit and the chaotic unpredictability of the Trump administration, stable, reliable, sensible leadership has been in short supply.

The media often resorts to the word 'Shakespearean' to explain our dramatic times. And indeed, we can learn a lot from Shakespeare about leadership – good and bad. The world's greatest analyst of human behaviour and motivation; a man well acquainted with crises of leadership in tumultuous times; a man whose dry wit and bottomless empathy enabled him to encapsulate countless valuable life-lessons and do it with wit, empathy and a complete lack of sentimentality. With a lifetime of studying, performing and directing Shakespeare's plays, John Bell has then put these lessons to good use in running two successful theatre companies.

*Some Achieve Greatness* contains invaluable lessons on leadership, drawn from John Bell's extensive relationship with Shakespeare and his own experience as a cultural leader, illustrated with an irreverent and contemporary set of cartoons by Cathy Wilcox.

Pub Date: May 2021

ISBN: 9780648748885

Category: Non-fiction - Leadership

Format: Paperback C 234mm x 153mm

Extent: 200pp

Rights Held: World

## About the Author



*John Bell is one of the nation's most illustrious theatre personalities. Award-winning actor, acclaimed director, risk-taking impresario and torch-bearing educationalist, Bell has been a key figure in shaping the nation's theatrical identity as we know it over the past 50 years.*

*In 1990 he founded the Bell Shakespeare Company, and has acted in and directed numerous productions. One of Australia's Living Treasures, his many awards include a Helpmann Award for Best Actor, a Producers and Directors Guild Award for Lifetime Achievement and the JC Williamson Award for extraordinary contribution to Australia's live entertainment industry.*

*"Some are born great, some achieve greatness and some have greatness thrust upon 'em."  
Twelfth Night*

*"To thine own self be true, and it must follow, as the night the day, thou canst not then be false to any man." Hamlet*

# THE SUCCESS EXPERIMENT | Flex Mami



## Flex Mami's Guide to Knowing What You Really Want and How to Get It.

When you're a child you're told to dream big. When you reach adolescence, you're told to dream reasonably. When adulthood comes around you're told to take what you can get and be grateful.

But what if you want more? This is a guide for average achievers with bigger-than-average dreams who don't know where to start.

Using this simple, sometimes difficult, no bullshit method, Lillian Ahenkan transformed herself from two-time uni drop out to a highly sought after DJ, MTV Presenter, Author, Podcaster and Media Personality.

This book will help you identify who you are, who you want to be, what you want, why you want it, how you'll get it and what'll happen when you do. Consider it a crash course in the study of yourself, your strengths, your weaknesses, your motivations and your barriers to success.

By the end of this book, you'll know how to get whatever you want, no matter the goal – and become a slightly better version of yourself doing so.

## About the Author



*Ghanian-Australian Lillian Ahenkan (aka Flex Mami) is a DJ, MTV presenter, social media influencer, model and, most recently, a podcaster who is passionate about bringing conversations surrounding identity and intersectionality to mainstream environments.*

*Flex is all about making sure everyone has the tools necessary to glow up, and uses her platform for real-talk discussions on taboo topics, sexual liberation, dating and critical thinking.*

*She's been featured in i-D, Stylist, Elle, Grazia, Pedestrian TV, Daily Mail, Man Repeller in addition to being a finalist for Cosmopolitan's Beauty Influencer of the Year 2018. Flex has been championed by actress and body-positive activist Jameela Jamil as an 'inspiration', called the influencer we deserve, the ultimate girl crush, and the beauty icon we need right now. She's known for her playful, thoughtful, empowering posts that are full of confident, modern wisdom and a powerful message of self-belief.*

*Flex is a self-identifying 'spooky binch' (refers to a person's love for mysticism, astrology, personality typing, manifesting and all similar beliefs), and The Success Experiment is her first book.*

Pub Date: May 2021

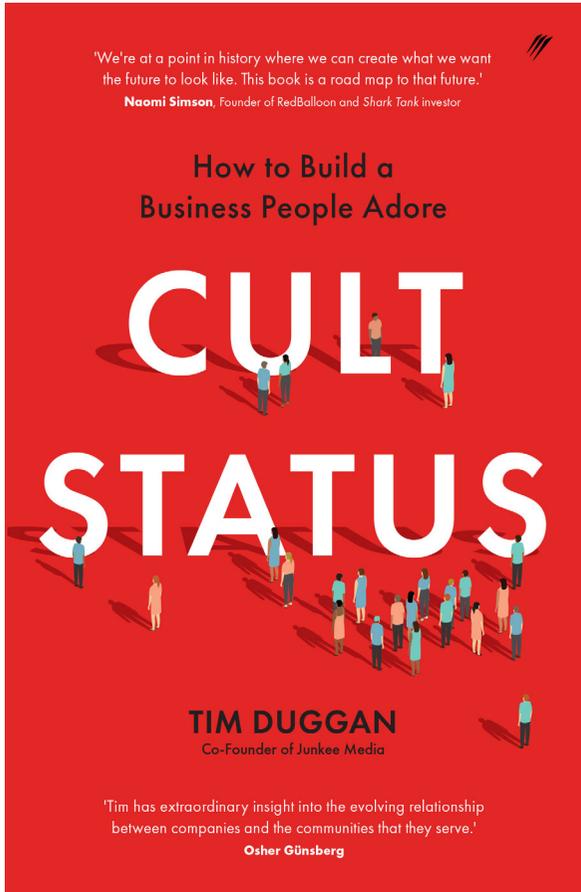
ISBN: 9780648571513

Category: Non-fiction - Positive Psychology

Format: Paperback C 234mm x 153mm

Extent: 300pp

Rights Held: World



### How to Build a Business People Adore

There's never been a better time to have a good idea: consumers are changing, and the businesses forming around them are principled, purposeful and creative. The next generation of entrepreneurs think differently, and *Cult Status* will show you how you can too.

Enough has been written about huge cult brands founded last century - Nike, Apple, Red Bull. What will the cult companies of tomorrow look like? Who is amassing the kind of passionate community that makes a brand a massive, longterm, cult success?

Drawing on the strategy of the founders of modern companies with cult followings - including Blake Mycoskie (TOMS Shoes), Zoe Foster Blake (Go-To Skincare), Joe Gebbia (Airbnb), Melanie Perkins (Canva), Tim Brown (Allbirds), Daniel Flynn (Thankyou Group) and dozens more - Tim unveils the trends and principles driving modern business today.

**Armed with this book anyone from anywhere can help create the next business with serious cult status.**

#### IN THIS BOOK YOU'LL DISCOVER:

-  The 7 Steps to building a business with cult status
-  The one thing you should do before starting something new
-  Why every business of the future needs to balance profit and purpose together
-  How to have just as much impact working inside a company as you can from outside
-  The leadership trait every new leader needs
-  How to create a passionate community that rallies around you in tough times
-  14 practical exercises you can do today to set up for success tomorrow
- Download the free 25-page workbook

GET THE WORKBOOK



### About the Author

*Tim is a new media entrepreneur who has co-founded and sold multiple businesses. Described by Time Out as "an entrepreneur with the clout of Tony Soprano and the disposition of Fred Hollows", Tim was named #1 on Startup Daily's Young & Influential list and has had a front row seat to the rapid changes in media and business.*

*Tim is the Co-Founder and Publisher of Australia's leading Millennials digital publisher, Junkee Media. Under his leadership they are the only publisher in history to be awarded the coveted title of Mumbrella's Media Brand of The Year for multiple titles, Junkee and Punkee. Junkee Media was named Publishing Company of The Year at the 2018 Publish Awards and their content agency, Junkee Studio, helps leading global brands like American Express and Qantas tell and share their stories.*

*Tim began his career as a music journalist for Rolling Stone, lives with his partner, Ben, and dog, Winnie, in Sydney.*

*"Cult Status is like the love child of your savviest BFF and a business sage. This will be the manual for a generation of millennial entrepreneurs." Lorraine Murphy, Author of Remarkability*

*"This book is bloody good. It's really made me question how I work and how I could do things better. I'll be thinking about it for a while yet." Marc Fennell*

Pub Date: July 2020

ISBN: 9781925700534

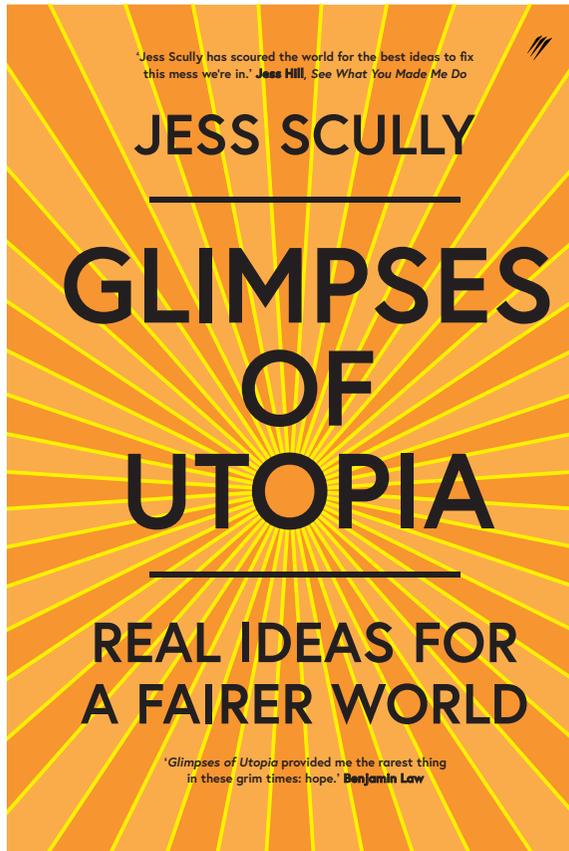
Category: Business

Format: Paperback C 234mm x 153mm

Extent: 276pp

Rights Held: World

Rights Sold: Audio (Wavesound)



Pub Date: August 2020

ISBN: 9781925700879

Category: Non-fiction - General

Format: Paperback C 234mm x 153mm

Extent: 278pp

Rights Held: World

Rights Sold: Audio (Wavesound)

### Real Ideas for a Fairer World

It's tempting to feel that the future is not about ordinary people and our needs. Climate change is disheartening; governments aren't listening; the artificial intelligence revolution is almost upon us. Jess Scully asks, What can we do? The answer is: plenty! In this galvanising book, she looks into the systems that organise our lives – like work, taxation and government. All around the world, people are finding ways these systems can be done differently – fairer for people, better for our planet.

From urban greening to combat heat and health challenges in Dhaka to digital platforms that enable citizens' voices to be heard; from California Public Banking Alliance, which invests in renewable energy, to Netherlands-based ExTax, which switches the tax burden from workers to natural resource use, people are refusing the business-as-usual mindset and finding ways of putting humans back into the civic equation.

*Glimpses of Utopia* is a call for optimism. Humans everywhere are rising up to confront our challenges with creativity, resilience and community. Harnessing technology and rediscovering the best of traditional values, we can redesign our world to be fair and sustainable. This book shows us how.

### About the Author



*Jess Scully is the Deputy Lord Mayor of Sydney, a public art curator, festival director and media producer who uses creativity and the arts to engage communities.*

*She was the founding director of Vivid Ideas, Australia's largest creative industries event, and has curated creative sector events including Junket, TEDxSydney and Curating Participation.*

*She is an advocate for the knowledge economy, creative and cultural sector, and encouraging participation in politics, creativity and enlivening our public realm.*

*"Jess Scully directs us towards the kind of compelling vision we need, in the understanding that we are living in an imperfect world." Christiana Figueres*

*"...a book full of verve and optimism offering glimpses of a better world."*

Sydney Morning Herald

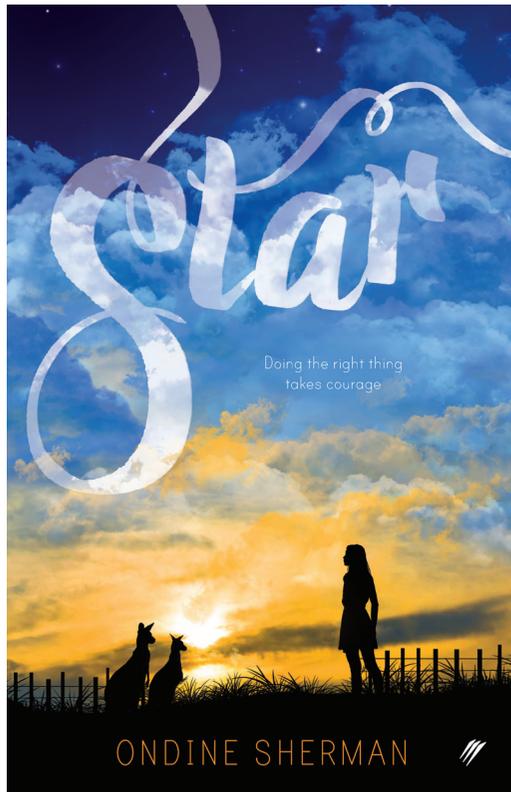
*"An analytical but also entertaining read on how to redesign politics, work, finance and civic conversations for greater public equity and to restore trust in the political process."*

The Saturday Paper

*"It's an optimistic, evidence-based vision for the future that reads more like a real-world drama where we all write the ending."*

Good Reading magazine

———— Upcoming Children's and YA Fiction titles ————



**Book 3 in the Animal Activist Series**

Sky's aunt and uncle are expecting a baby, her boyfriend Oliver seems more interested in their YouTube channel than in talking, her father is settling into life in West Creek, and her best friend Lucy is in a new relationship. The problem is, Sky is still trying to work out where she fits in.

When she learns about an animal cruelty situation close to home, Sky is desperate to help. She travels to an animal rights conference where, surrounded by people who share her beliefs, she finally feels like she belongs.

But when she's asked to take her activism to a new level, Sky starts to question what doing the right thing really means. She's spent so long searching for her people. Will she risk losing them?

**About the Author**



*Ondine Sherman is a life-long animal advocate, and is passionate about promoting respect and compassion for all creatures. In 2004, she and her father, Brian Sherman AM, founded Voiceless; the organisation is now one of Australia's leading animal protection groups. And Ondine's social-media platform, Franimals, has become a popular community for animal-loving teens across the globe.*

*Ondine grew up in Sydney and now lives in Tel Aviv with her husband and three children. Her three mischievous street cats, two loyal dogs and a sweet ex-battery chicken all keep her extraordinarily entertained.*

*She is also the author of Vegan Living.*

Pub Date: January 2021

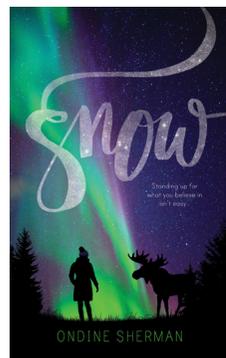
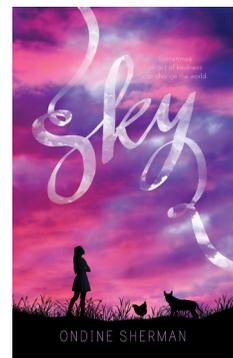
ISBN: 9781925700695

Category: YA Fiction (12+)

Format: Paperback B+ 210mm x 135mm

Extent: 200pp

Rights Held: World



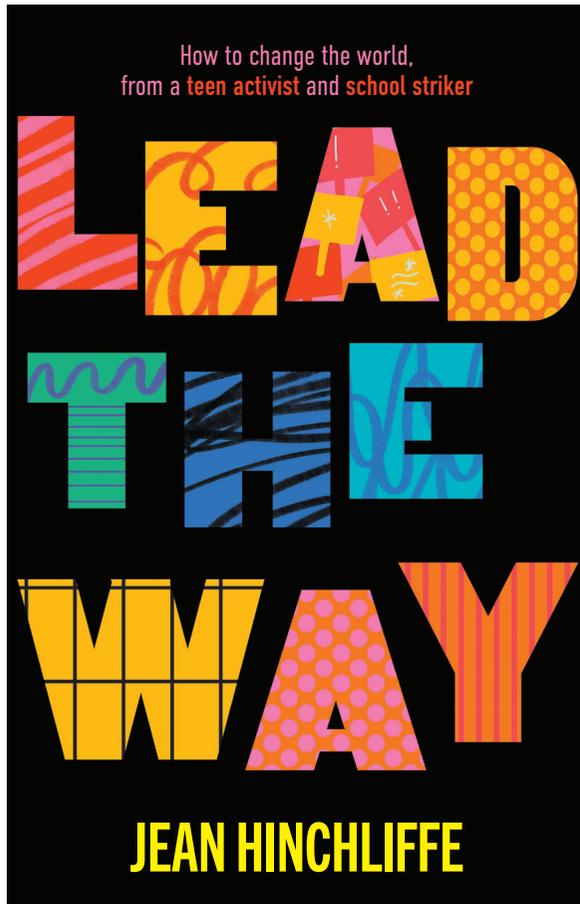
*"When I was a teen, I was extremely passionate about helping animals. However, all the materials, films and books about animal protection were focused on adults and learning about the issues was often a difficult and even traumatic experience for me. With Sky, I wanted to make a safe space for teenagers to learn and think critically about animal protection."*

Ondine Sherman

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## Upcoming and Recent Children's and YA Non-Fiction Titles

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Pub Date: March 2021

ISBN: 9780648676980

Category: YA Non-Fiction - Activism

Format: Paperback C 234mm x 153mm

Extent: 252pp

Rights Held: World

## How to Change the World from a Teen Activist and School Striker

*Want to take action and fight for what's right, but don't know where to start?*

*Lead the Way* is the ultimate guide to activism and making systematic change, your way. Jean Hinchliffe is one of the key organisers of *School Strikes 4 Climate*, and in this book she shares her tools, stories and learnings from the movement with you.

From identifying your cause to finding allies, planning a march, nailing your messaging, public speaking and working with the media, to the importance of self-care when you're on your activist journey, *Lead the Way* will guide you to start changing the world today.

Teenagers are leading the way towards a better future and you can too.

## About the Author

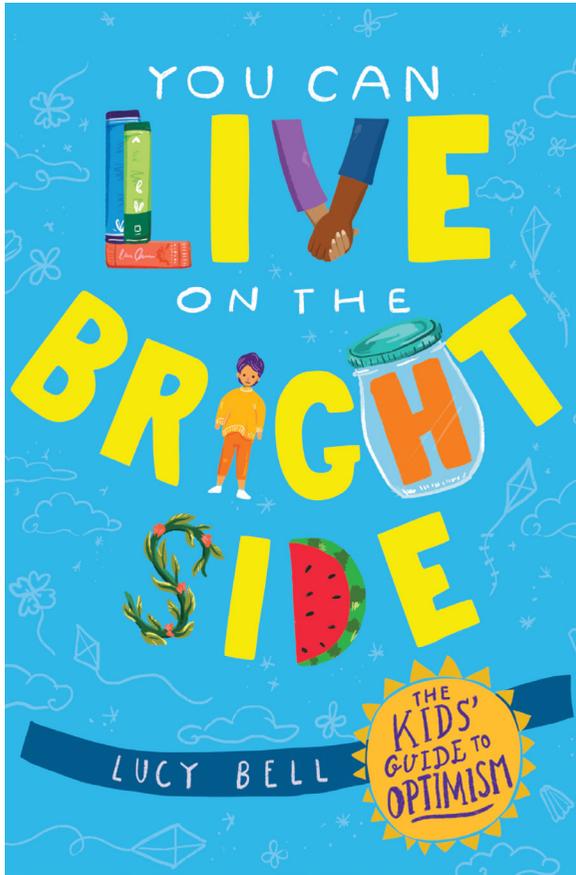


*Jean Hinchliffe is a 16-year-old climate activist and a lead organiser within School Strikes 4 Climate. She campaigns for legislative action against the sourcing and usage of fossil fuels, along with pushing for Australia to become fully carbon neutral.*

*Jean is passionate about social, political, and environmental issues and began her activism at age thirteen, when she volunteered with the Vote Yes campaign for marriage equality. Since then, she has also volunteered with organisations such as GetUp and Stop Adani.*

Covers aspects such as:

- Running campaigns
- Lobbying politicians
- Planning a protest
- Public speaking
- Harnessing the power of the media



Pub Date: November 2021

ISBN: 9780648677031

Category: Kids Non-Fiction (8 - 12 years)

Format: 247mm x 184mm Fully illustrated

Extent: 224pp

Rights Held: World

### The Kids' Guide to Optimism

*Do you ever get that feeling when you wake up in the morning, look out the window to see the sun is shining, and you just know that today is going to be a good day? This is called optimism, or positivity, and it's such a nice feeling to have. It's also something that you can learn, practice and improve, so you can feel that way more often!*

This action packed book is designed to teach you some easy activities and strategies to make you feel lighter, optimistic about the future, and more confident, empowering and inspiring you to live a happy and healthy life.

*You Can Live on the Bright Side* contains tips, tricks and tools to help you find the things that make you excited to leap out of bed each morning, ready to do more of what you love and find even more things that make you uniquely you!

This book features kids from Australia and around the world who are kicking some amazing goals, as well as tips from organisations focused on improving wellbeing.

*It's time to look on the bright side of life, so you can start living on the bright side!*

### About the Author



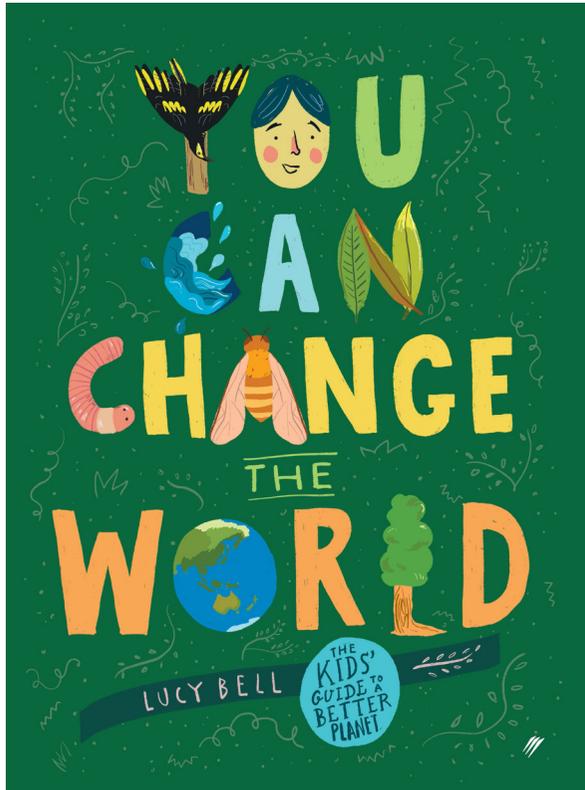
*Lucy Bell is a book editor and music teacher on a journey to live a more ethical, sustainable and mindful life.*

*After getting her Bachelor of Arts degree at the University of Sydney with majors in English and Ancient History, Lucy studied a Master of Publishing. Now she works for a social-purpose publishing house making big differences and helping fund not-for-profits and charities to close the literacy gap.*

*Lucy grew up on the NSW Central Coast surrounded by four siblings, a cat, two dogs, two sheep, a lizard, lots of guinea pigs and thirteen chickens. She now lives in Sydney and while watering her balcony garden, dreams of one day owning her own country farmhouse.*

- Cook delicious food to power your brain
- Decorate your room and create nice living spaces
  - Get outdoors and have fun
- Channel your favourite animals through yoga
  - Start meditating
- Find out what your interests are
- Speak positively about yourself and others
- Start growing plants, reading, writing and drawing

# YOU CAN CHANGE THE WORLD | Lucy Bell



Pub Date: September 2019

ISBN: 9781925700527

Category: Kids Non-Fiction (8 - 12 years)

Format: 247mm x 184mm (hardcover)

Extent: 224pp

Rights Held: World

Rights Sold: German (Loewe); World English Language (exc ANZ) (HarperCollins UK) ; North America non exclusive (Andrews McMeel); Spanish (Anaya); Afrikaans (NB Utigewers).

## *The Kids' Guide to a Better Planet*

*Every day, we see a problem we would like to fix. A piece of rubbish in a green, grassy park. Plastic water bottles buried in the sand at the beach. A garbage bin overflowing onto the street. A skinny, stray dog. A homeless person on a cold day.*

These problems seem impossible for one person to change. But we can fix them, if we each do our part – one step at a time.

This practical guide is designed to empower kids to make changes in their lives to help make a difference in the world.

Filled with information, ideas and activities, and interspersed with features on amazing children around the world, this book shows kids how to:

- Avoid single-use plastics
- Throw a plastic-free party
- Make a compost bin and reduce waste
- Start a herb garden
- Grow bee-friendly flowers
- Learn about where their food comes from
- Be kinder to others, share and donate

Kids are on a mission to make our earth a better, safer, happier place. And anyone can join in.

## About the Author



*Lucy Bell is a book editor and music teacher on a journey to live a more ethical, sustainable and mindful life.*

*After getting her Bachelor of Arts degree at the University of Sydney with majors in English and Ancient History, Lucy studied a Master of Publishing. Now she works for a social-purpose publishing house making big differences and helping fund not-for-profits and charities to close the literacy gap.*

*Lucy grew up on the NSW Central Coast surrounded by four siblings, a cat, two dogs, two sheep, a lizard, lots of guinea pigs and thirteen chickens. She now lives in Sydney and while watering her balcony garden, dreams of one day owning her own country farmhouse.*

### Award Shortlists 2020:

*ABIA Small Publishers' Children's Book of the Year  
Environment Award for Children's Literature  
Australian Book Designers Association Best Designed  
Children's Non-Fiction Illustrated Book*

## ———— Upcoming and Recent LOST THE PLOT titles ————



Where art meets science in the magical, wonderful infinity of space.

Bite-sized chunks of incredible, unbelievable information explaining everything you need to know about our universe from black holes to dark matter, featuring aliens, crazy scientists and incredible worlds!

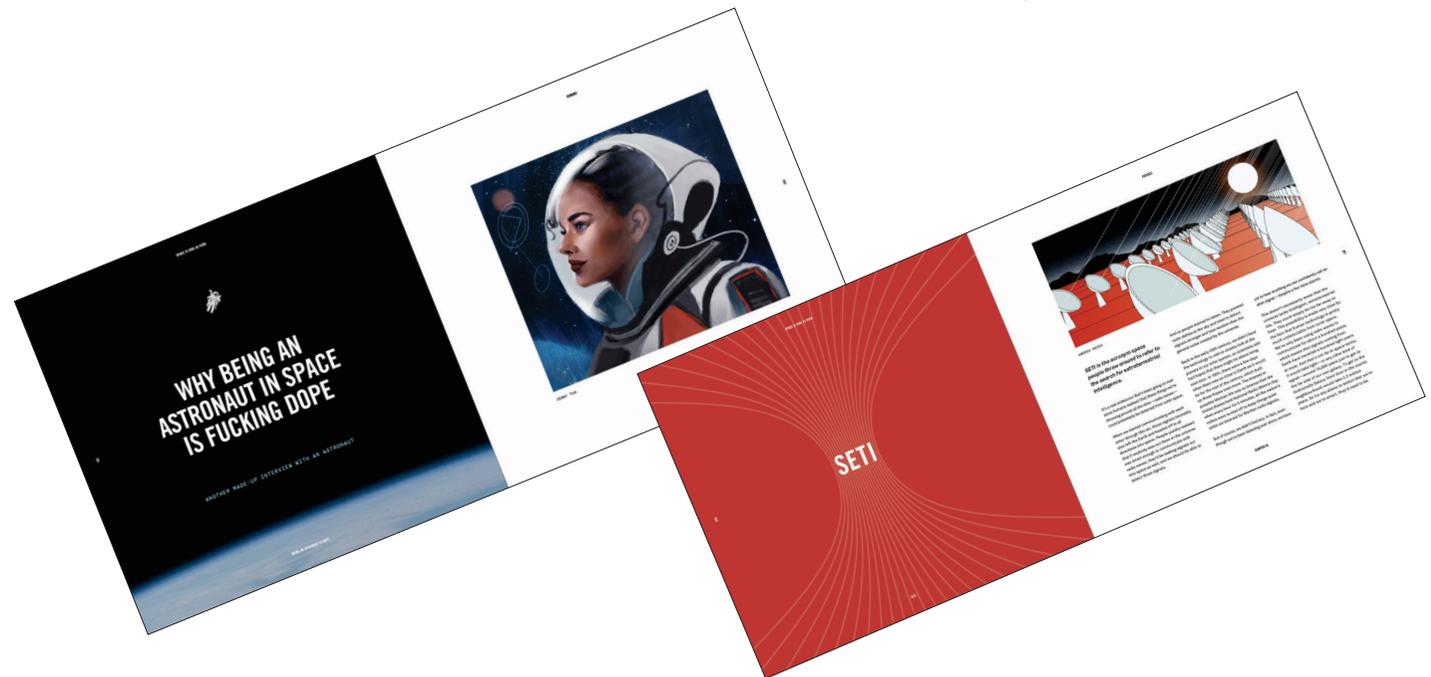
*Space is Cool as Fuck* features more than 100 wild artworks, photographs and illustrations from 40 international young artists, expressing the ineffable, immense, beautiful and insane.

*Kate Howells is a lover of all things space.*

*In 2017 Kate secured a position on Canada's Space Advisory Board. Currently she collaborates with the Canadian government and international NGO, The Planetary Society, to help people develop skills and tools to launch space knowledge into their communities.*

*She has put this book together with a little help from her friends in the community (including legendary Bill Nye the Science Guy).*

*Kate is based in Montreal, Canada.*



Page Size: 355 mm x 355 mm hardcover  
230 mm x 230 mm paperback

Extent: 176pp

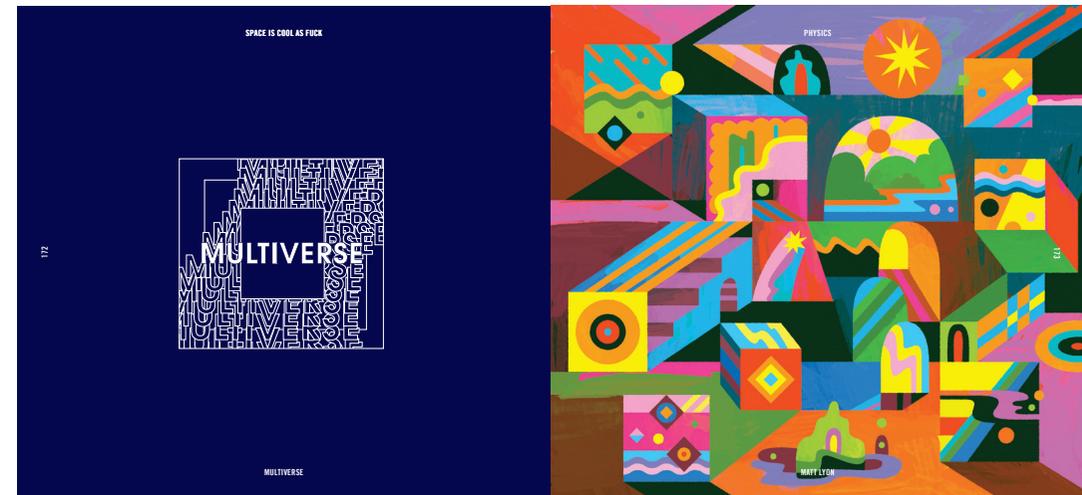
Rights Held: World

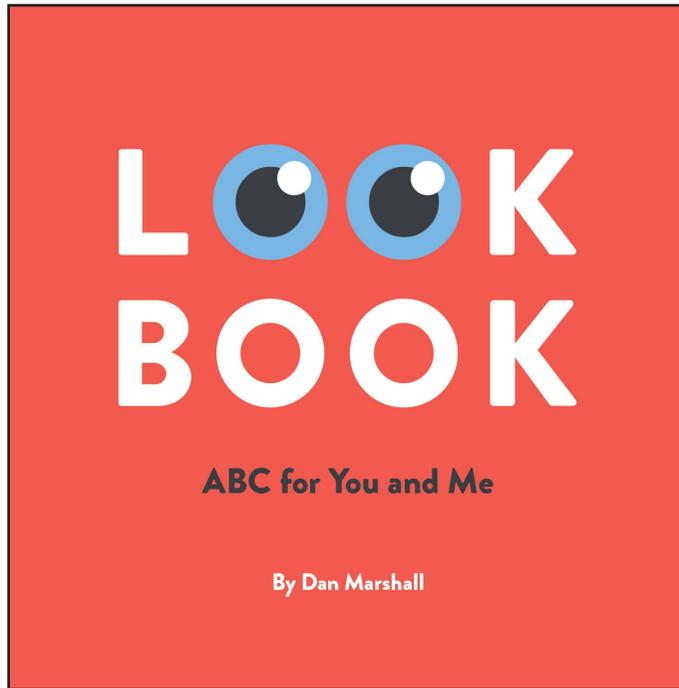
Rights Sold: Nth America (Andrews McMeel)

THE  
PLOT

A highly designed book exploring the idea of the magical, wonderful infinity and possibility of space.

*Space is Cool as Fuck* features more than 100 wild artworks, photographs and illustrations from 40 international young artists curated by brilliant designer Cynthia Larenas. From hand-picked unknowns like Kate Kurucz and Adrian du P.B. through up-and-comers like Aida Azin, Waiton Fong, and Chrissie Abbott, to the more established Joel Vans, Kareena Zerefos, James Reka, Regan Tanamui (Ha Ha) and Marina Zumi, each artist brings their own aesthetic to the majesty and wonder of space giving the book its exquisitely eclectic style.





Do you see what I see?

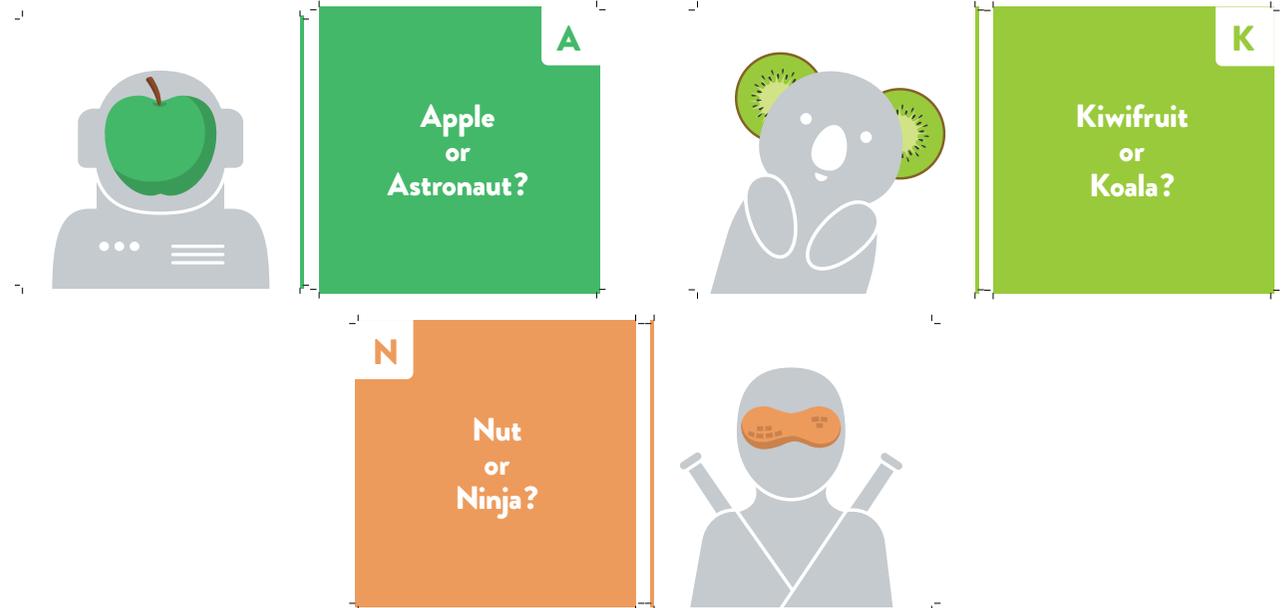
Is that a vegetable or a volcano? Is that ice cream an island? I think that lollipop might be a ladybug!

Dynamic and beautifully designed, Look Book is the interactive 'this or that' alphabet book that shows me one thing and you another!

Dive inside this colourful collection and see if you can find a new way of looking at things!

*Dan is a designer, illustrator and writer who runs a design agency, Studio Marshall. For over 20 years he has worked with a diverse group of clients including the Sydney Opera House, The Australian Museum, One Laptop Per Child, The Hunger Project, Facebook and Coca Cola.*

*Dan's books stem from his passion for graphic design, communicating information visually and his deep curiosity and include Mind Blown and No Way!*



Publication: March 2021

Page Size: 320 x 320mm

Extent: 64pp

Rights Held: World



An easy guide to a cruelty-free,  
vegan, plant-based life

# VEGAN LIVING



ONDINE SHERMAN

*Going vegan seems impossible!  
What do I tell my family, they think it's unhealthy?  
I don't want to annoy my friends!  
Where do I find food and clothes?  
How do I still get all the vitamins I need?*

Have you been thinking about going vegan? Whether it's for environmental, ethical or health reasons it can be a very big decision to make and implement into your lifestyle.

*Vegan Living* is a gentle, accessible and inspirational guide for a transition into vegan living by Ondine Sherman, one of Australia's leading voices in the animal welfare space.

Based on Ondine's own personal road to being vegan and expert advice, this is an easy and practical guide to implementing vegan practice into all aspects of your life including food, fashion, cosmetics and health products and other lifestyle items that use animal products. It will also provide you with the tools you need to navigate being vegan in a non-vegan world, and how to answer questions that your friends and family might have about your lifestyle change.

*Ondine Sherman is the Co-founder and Managing Director of Voiceless, the animal protection institute. She stopped eating meat at seven and became full vegan (95% in reality) nearly five years ago.*

*Ondine holds a BA in Communications from the University of Technology, Sydney, and an MA in Environmental Education from Macquarie University. She is an Ambassador for Action for Dolphins and Director of conservation NGO, This is My Earth (TIME). Ondine writes on animal protection regularly in the media and her opinion pieces have been published in Sydney Morning Herald, AlterNet, Mamamia and more.*

*In 2012 she was nominated by Cosmopolitan for "Fun, Fearless, Female" Award, presented the Commencement Speech for Macquarie University in 2011 and in 2009 nominated as Australia's top 10 Community Leaders by News Limited & Microsoft.*

*She lives in Israel with her husband and three children.*

**Publication: September 2020**

**Page Size: 198 mm x 128 mm**

**Extent: 216 pages Full Colour**

**Rights: World**



1

## THE TIME IS NOW

"There is nothing so powerful in the world as an idea whose time has come and animal protection is just such an idea."

- MICHAEL KIRBY,  
AUSTRALIA'S LONGEST  
SERVING JUDGE

12 - The Time Is Now

**Y**ippeee! You've taken the first step on the path to a vegan cruelty-free, plant-based lifestyle and I'm delighted you're here.

If you're an omnivore, pescatarian, vegetarian or even vegan-curious, this book is written just for you. A healthy happy vegan lifestyle is win-win-win-win (repeat infinite times) for you, animals, the environment and the future of our planet.

What's the best time to begin my journey? I hear you ask. How about, now?! You'll be in great company. Animal protection is the social justice movement of our century and the vegan awakening is happening, making history in our very generation. It's worldwide and spontaneous, and involves millions of people shifting away from animal products.

We have a global population of 7.7 billion people and, in recent years, 70 per cent of the world's people have reported either reducing or stopping their meat consumption. This has been largely led by millennials concerned about animal protection and the environment.

If you're thinking the vegan movement is populated by only hippies and hipsters, you couldn't be more wrong. Mainstream businesses, multinational corporations and investors are taking note. There's an explosion of new plant-based products, vegan food technology, ethical fashion and, most importantly, passion.

Handreds of new cookbooks are filling bookshelves and celebrity chefs are jumping on board. The world's largest multinationals, renowned for their meat and dairy products, are now investing in vegan food technology. And companies like Google, Burger King and even McDonald's are getting on the meat-free train.

Billionaires such as Bill Gates, Jay-Z, and Richard Branson are investing heavily in the area while vegan and vegetarian celebrities are influencing their billions of fans. Ariana Grande believes veganism can make you live longer and happier. Ellen DeGeneres is encouraging her fans to stop eating meat, and Miley Cyrus is sure veganism is taking over the world. Music sensation Billie Eilish told her millions of fans, "I understand that meat tastes good... and I know you think you're just one person and it won't change anything if you stop but... you should know "one person" adds up."

♥ ♥ ♥

15 - The Time Is Now

32 - The Time Is Now

**V**eganism is a joyful way of life - a conscious, responsible, ethical decision to live our lives without harming, exploiting or killing other sentient beings. It's a life based on the principles of peace and non-violence and one brimming with kindness, respect and compassion to all living creatures and the Earth.

Don't we all want a world that's more caring, just, fair and less violent? Let's give that a resounding YES.

Vegan living is not hard. Most of us living in industrialised countries have unprecedented choice about what we can eat. Our supermarkets overflow with a wide variety of products and, if we're lucky, with a click of a button, food, fashion and beauty products are delivered directly to our door. We are able to easily meet our nutritional needs and keep up with fashion trends without supporting industries known to cause both harm to animals and environmental destruction.

But remember - veganism is not a diet, fad, club, fashion or cult. It isn't a new-age concern of all. Veganism and vegetarianism have been a part of Asian Buddhism, Jainism, Sikhism, Taoism and Hinduism for thousands of years - the concept of ahimsa, meaning non-violence, respecting life and doing no harm, plays a central role. Inal, the vegetarian and sometimes vegan diet of the Rastafari movement of Jamaica, is intended to improve health, avoid causing death and bring followers closer to what they refer to as universal energy and life force.

Grandt's wisely said that true happiness is when what you think, do and say are in harmony. When our diet and choices are in line with our belief system we feel our deepest values reflected in daily life. This is when we can live our innermost truth.

I know from experience that there is a soulful, authentic, joyful feeling when your outides match my insides. And I'm not alone.

35 - The Time Is Now

34 - The Time Is Now

Fourteen years as a vegan, Grace from our Vegan A-Team explains what it means to her:

**Veganism is a philosophy on life.**

It re-frames the way you see the world, see food and see yourself as a moral agent... It's opened me up to world cuisine, made me think about the intersection of a variety of social issues like animal rights, human rights, migrant rights, environmental rights... Veganism is a powerful idea... one to which very few people can meaningfully provide any kind of robust counter-argument, in my experience.'

Harry Bolman, host of the Vegan Hour, a regular four-hour livestream on Facebook, in which he interviews vegan identities, describes it this way:

**Veganism is the lifestyle** that seeks to eliminate (as much as possible) the use of animals for any purpose... To cease exploitation, enslavement, commodification and use of animals for any purpose. To treat all animals (and by extension, all living beings) with the love and respect we wish for ourselves. When our intention is to do no harm, we find a way, not an excuse.'

35 - The Time Is Now

3

## HEALTH & FOOD

"I am living without fats, without meat, without fish, but am feeling quite well this way. It always seems to me that man was not born to be a carnivore."

- ALBERT EINSTEIN

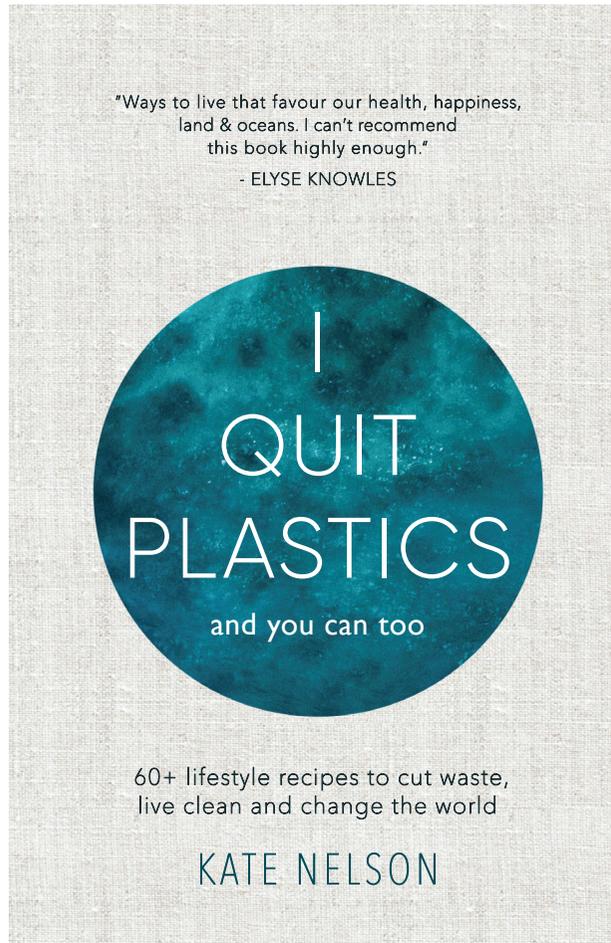
This chapter was written in collaboration with  
Dr Lella Masson, medical doctor and paediatrician.

100 - The Time Is Now

**T**oday millions of people around the globe are proving that being healthy and being vegan are highly compatible. A healthy vegan diet is appropriate for all stages of our life, including pregnancy, breastfeeding and adolescence. Research supports that vegetarians and vegans are at reduced risk of a number of health conditions including heart disease, certain cancers, Type 2 diabetes, hypertension and obesity. This is because vego and vegan diets are often low in saturated fat and high in vegetables, fruit, whole grains, legumes, soy products, nuts and seeds (all rich in fibre and phytochemicals). This causes lower total and low-density lipoprotein cholesterol levels and better serum glucose control, which leads to the reduction of chronic disease.

A comprehensive large study of nutrition coined the "Grand Prix of epidemiology" concluded that human beings are basically a "vegetarian species" and, for our own health and longevity, we should say clear of meat and dairy.

Expert scientific advice regarding diet usually recommends less animal products but, unfortunately, some nutritionists haven't caught up with the times. Others rely on information from health studies surreptitiously funded by meat, egg and dairy industries using questionable science or drawing suspect conclusions. A number of people I know have also increased, rather than decreased, their meat consumption following trends such as paleo and low-carb diets. And many ill-informed health professionals scare away their vegan-curious clients, making them doubt their decision to adopt a vegan diet. Make sure you're getting advice from only the most informed and educated experts.



An inspiring and practical journey to quitting plastic.

Kate Nelson has been disposable plastic free for a decade. She started small by stopping her use of plastic bags and water bottles, refusing straws and using a reusable cup for her coffee. But as she became aware of just how much plastic she encountered in her day-to-day life without realising, she knew she had to do more. It has taken years, but the journey has been humbling and full of learning.

*I Quit Plastics* is an inspiring and practical guide to reducing your use of plastics, wherever you may be on the journey. Complete with an 8-week phase-out program, and full of recipes and tips to help you cook, shop, wear, clean and live plastic-free, Kate Nelson shows you how to reduce your waste and live more simply and sustainably.

With over 60 recipes that cover cooking, beauty, hygiene, and cleaning, Kate Nelson shares how making small changes within your own life you can help have a lasting, global impact.

*Kate Nelson is one of Australia's leading plastic-free advocates. She started her journey in 2008 when she volunteered at Jean Michel Cousteau's Ocean Futures Society.*

*Since then she has lobbied government, pitched to corporates, spoken at schools all over the world, and founded an education and advocacy not-for-profit called 'Save the Mermaids' to spread the word.*

*She now lives in Byron Bay where she has been plastic free for 10 years and where she continues to run workshops and educate 50,000+ social media followers on the joys of living simply and consciously.*

#### Recipes include:

Cooking: Banana Bread, Sweet Potato Blueberry Porridge, Maple Glazed Pear Breakfast Crumble, Lentil Chickpea Fafels, Zoodle Pad Thai, Vegan Cheese, Eggplant Chips, Peanut Butter Cups, Rich Goopy Raw Brownies

Hygiene: Toothpaste, Deodorant, Mouthwash, Face Masks, Sunscreen

Beauty: Mascara, Foundation, Bronzer, Blush, Eyeliner

Cleaning: Laundry Detergent, Cleaning Spray, Stain Remover

**Publication:** April 2020

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**Extent:** 240 pages Full Colour

**Rights Held:** World





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**Smoothies: blend like a boss**

There's nothing more the best thing to begin to make a smoothie with... blend like a boss. The best way to make a smoothie is to use a high-speed blender. This is because a high-speed blender will blend the ingredients together more thoroughly than a regular blender. This means you'll get a smoother texture and more nutrients from your smoothies.

There's a lot of great things you can do with a smoothie. You can use it as a meal replacement, a snack, or a healthy drink. You can also use it to help you lose weight, improve your digestion, and boost your energy.

When you're making a smoothie, it's important to use fresh ingredients. This means using fresh fruits and vegetables, and avoiding processed ingredients like sugar and artificial sweeteners.

Another tip is to use a variety of colors in your smoothies. This means using a mix of different fruits and vegetables, which will give you a wide range of nutrients.

Finally, it's important to drink your smoothies slowly. This will help you digest them better and get the most out of the nutrients they contain.

There are many different ways to make a smoothie, and you can experiment with different ingredients to find the ones you like best. Just remember to use fresh ingredients and drink your smoothies slowly.

Photo credit: [The Green Kitchen](#)

**Lip Scrub**

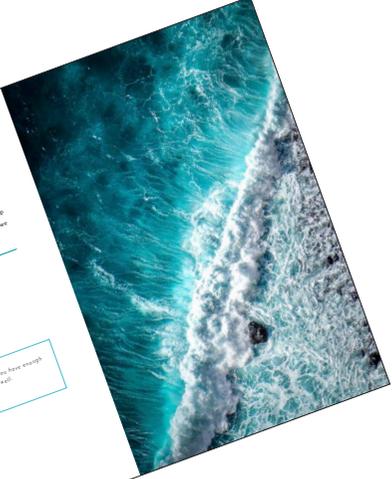
When our lips are dry and chapped, it can be a sign of poor circulation. When we don't get enough blood flow to our lips, they don't have the nutrients they need to stay healthy. This is why it's important to use a lip scrub to exfoliate your lips and improve circulation.

There are many different lip scrubs on the market, but the best ones are made with natural ingredients. These ingredients will help to exfoliate your lips and improve circulation, leaving your lips soft and healthy.

**Use together in your bath:**

- [Lip Scrub](#)
- [Body Scrub](#)
- [Body Oil](#)
- [Body Lotion](#)
- [Body Butter](#)
- [Body Cream](#)
- [Body Soap](#)
- [Body Wash](#)
- [Body Foam](#)
- [Body Gel](#)
- [Body Mousse](#)
- [Body Spray](#)
- [Body Mist](#)
- [Body Toner](#)
- [Body Serum](#)
- [Body Oil](#)
- [Body Lotion](#)
- [Body Butter](#)
- [Body Cream](#)
- [Body Soap](#)
- [Body Wash](#)
- [Body Foam](#)
- [Body Gel](#)
- [Body Mousse](#)
- [Body Spray](#)
- [Body Mist](#)
- [Body Toner](#)
- [Body Serum](#)

**Note:** You can always use our products if you have enough for a wash in the bathroom as well.



**Soapberry Concentrated Liquid Laundry Detergent**

All that's left of this detergent is a splash of fresh water. It's so simple to use, you can use it in your washing machine, or you can use it to hand wash your clothes.

**20 ounces**

**20 ounces**

Add the detergent and water to a large bucket and mix for 10-20 minutes. Use the liquid to wash your clothes as you would any other detergent. The only difference is that you don't need to use a measuring cup.

Allow to cool. Strain the liquid through your jeans and transfer to a spray bottle.

To use, only a small amount is needed - a teaspoon or two, depending on the load size.

As this is a concentrated, store in the fridge or freezer to keep.



**MY FAVE WOODEN BATH ACCESSORIES**

Plastic will crack, stain and never break down. Use natural materials for your bath accessories and they'll last for years.

- [Soap tray](#) - no plastic! A wooden soap tray is perfect for holding your soap and it's easy to clean.
- [Towel rack](#) - a wooden towel rack is a great way to keep your towels dry and it's easy to clean.
- [Bath brush](#) - a wooden bath brush is a great way to exfoliate your skin and it's easy to clean.
- [Bath caddy](#) - a wooden bath caddy is a great way to hold your bath products and it's easy to clean.
- [Bath stool](#) - a wooden bath stool is a great way to sit on the edge of the tub and it's easy to clean.
- [Bath mat](#) - a wooden bath mat is a great way to keep your feet dry and it's easy to clean.
- [Bath tray](#) - a wooden bath tray is a great way to hold your bath products and it's easy to clean.
- [Bath rack](#) - a wooden bath rack is a great way to hold your bath products and it's easy to clean.
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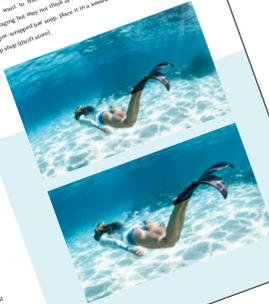
**MY FAVE CERAMIC BATH ACCESSORY**

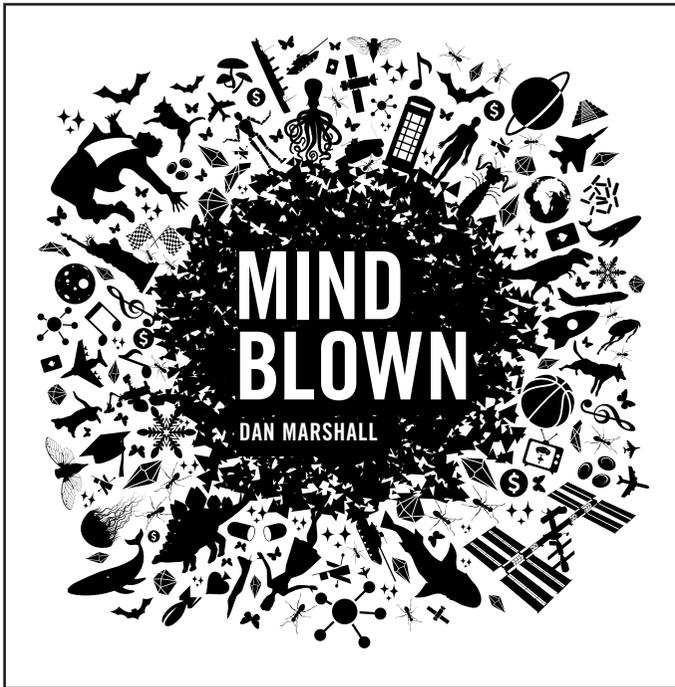
- [Bath stool](#) - this is a great way to sit on the edge of the tub and it's easy to clean.
- [Bath mat](#) - this is a great way to keep your feet dry and it's easy to clean.
- [Bath tray](#) - this is a great way to hold your bath products and it's easy to clean.
- [Bath rack](#) - this is a great way to hold your bath products and it's easy to clean.

**THE TRUSTY BAR OF ALL-PURPOSE SOAP**

- [Bath soap](#) - this is a great way to clean your body and it's easy to use.
- [Bath soap](#) - this is a great way to clean your body and it's easy to use.
- [Bath soap](#) - this is a great way to clean your body and it's easy to use.
- [Bath soap](#) - this is a great way to clean your body and it's easy to use.

I like to find a local soap maker - someone who makes organic, natural soap - and support their trade.





Did you know space is only an hour's drive away? Did you know there is a jellyfish that is biologically immortal? Or that of all life that has ever existed on Earth, 99.9% of it is extinct? Dan Marshall's slick new book is packed to the brim with facts that will BLOW YOUR MIND.

Delightful illustrations and beautiful design bring to life some of the hardest to believe and awesomely real facts you'll ever see.

Prepare to have your mind blown...

*Dan is a designer, illustrator and writer who runs a design agency, Studio Marshall. For over 20 years he has worked with a diverse group of clients including the Sydney Opera House, The Australian Museum, One Laptop Per Child, The Hunger Project, Facebook and Coca Cola.*

*Mind Blown was born from Dan's passion for graphic design, communicating information visually and his deep curiosity for the incredibly strange place that is our universe.*

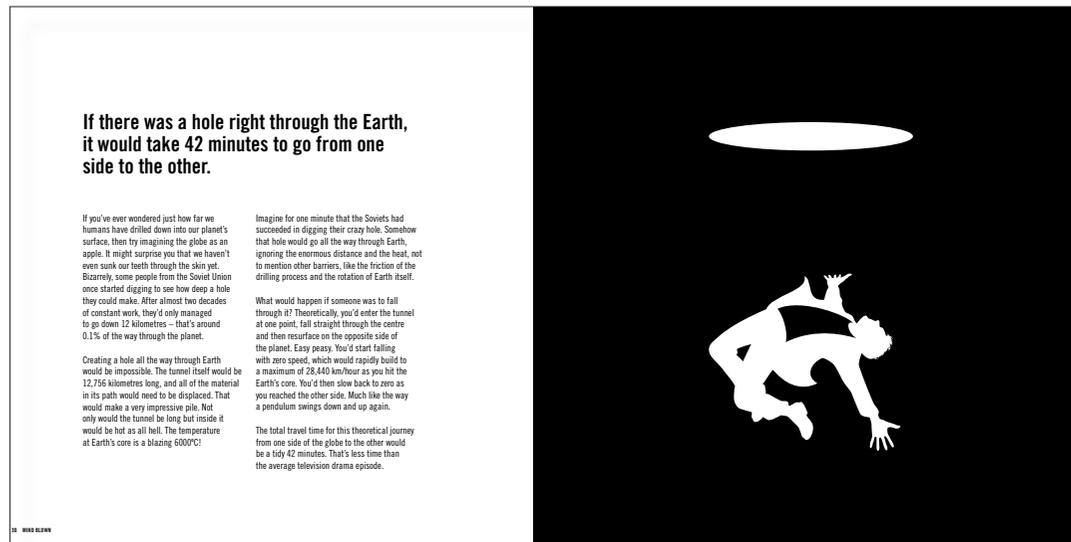
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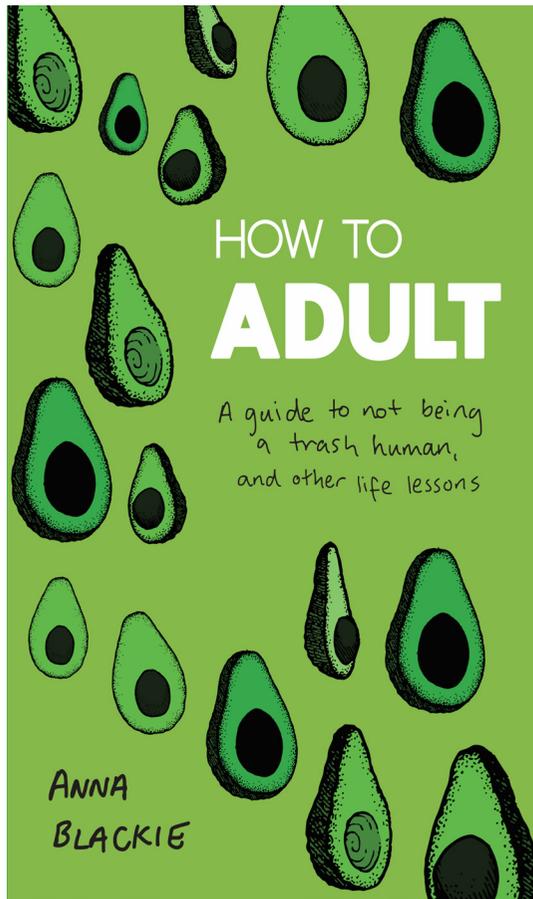
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Rights Sold: German (National Geographic)



# THE PLOT

A visual feast of facts that you won't believe, uniquely illustrated and displayed. A perfect gift to dip into again and again, with facts guaranteed to impress your friends and family!



Shit you should know, but probably don't.

Do you know your shiraz from your merlot?  
 Could you find north if you were lost in the wilderness?  
 Are you craving gravy but don't how to make this magical sauce?

The answers are all here.

From doing your taxes to changing a tyre, asking for a raise to mastering the art of avocado preparation. This is the ultimate guide to all of the things a fully functioning adult should know to survive in the big scary world.

Packed with sage advice from a real-life hopeless millennial, this book will keep you from starvation, make folding fitted sheets a reality, and teach you to look like a real professional adult when you're actually just an incompetent trash human.

*Anna Blackie is a real-life hopeless millennial who spends her time advising other millennials on how to function in an attempt to avoid her own shortcomings.*

*While living in Sydney and dreaming of one day eating an avocado in her very own house, Anna realised there was a shocking amount she didn't know about how to function in the adult world. In a blind-leading-the-blind situation, she decided to write her very own guide to being a grown-up and fill it with all the things she hoped she would one day understand.*

With Chapters Including:

Money is Scary and Here's Why  
 Culinary Skills to Keep You From Starvation  
 Living Out of Home Without Dying  
 How Not to Be a Trash Human  
 (and other useful life skills)  
 Helpful Tips for Adult Professionalism  
 How Not to Die in the Wilderness  
 Basic Wisdom from an Mechanical Engineer  
 Legal Advice For When You're Too Poor  
 for a Lawyer  
 Not Dying: Tips from a Medical Professional  
 Pretending You're Not a Lazy Shit

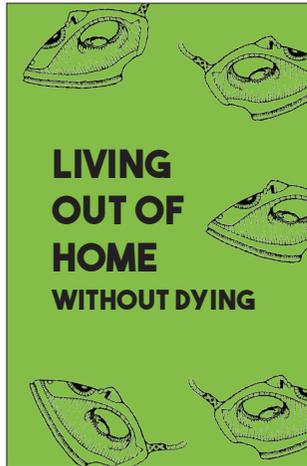
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Extent: 288 pages 2 colour

Rights Held: World





## LIVING OUT OF HOME WITHOUT DYING

**When I was a kid** all I wanted was to move out of home. So, me, having my own place was the ultimate sign of adulthood, and I couldn't wait to reach that peak level of maturity.

I planned to stay up all night, eat chocolate cake for breakfast, and watch whatever trashy TV I wanted without judgement or complaints. Well, it turns out that now I actually do live out of home, I'm in bed by 9:30 and only eat chocolate cake for breakfast when I'm having a mental breakdown. On the bright side, I watch as much of *The Simpsons* as I want, and my encyclopaedic knowledge of quotes has proven to be a beneficial life skill.

I have also had to learn a harsh reality of adult life: living out of home means you have to keep yourself alive. For someone who struggles to keep a plant green for more than 24 hours, this is a somewhat daunting task. The following is an informative exploration into the things you need to know to help you cling to life, and keep you from begging your parents to take you back and wishing you'd never progressed past eight years of age.



- HOW TO ADULT -

## ARE YOU LIVING IN YOUR OWN FILTH?

The quickest way to ditch your trash-human vibe is to look at the etiquette for when you should wash and replace basic household items. It turns out that bed sheets are meant to be washed at least once a week. At the time of writing, I couldn't remember the last time I'd washed my sheets. I am filthy and disgusting and probably the reason Jesus cries at night.

After discovering that bed sheets are meant to be changed far more often than is humanly possible, I also stumbled across the unsettling knowledge that there are many, many things within our houses that need to be washed or disposed of completely on a regular basis. Read this list and tremble in terror at your own inadequate adulting skills and generally unsanitary habits.

*Did you know that things used to clean other things need to be cleaned too? I use as hell didn't. Turns out both your washing machine AND dishwasher need to be cleaned regularly. For years, my white clothes have been coming out of the wash with weird and unpleasant stains. I finally understood that this was my washing machine crying out for help. Washing machines should be sprayed and cleaned twice a month to prevent bacteria, mould and lime scale. Dishwashers should be run through a hot wash with a cup of white vinegar once a month to kill off any lingering bacteria and oily smells.*

**Shit you should know**

- HOUSEHOLD -

## WHEN TO CLEAN

<b>Kitchen sponges</b>	Rinse every day, throw away every week.
<b>Towels</b>	Wash after 3 uses (PLEASE PEOPLE, NOT DAVIS!)
<b>Tea towels</b>	Wash EVERY DAMN DAY.
<b>Pillows</b>	Wash every 3 months - if your head is anywhere near as dirty as your mind, you may need to consider doing this more frequently.
<b>Phones</b>	Every Single Day.
<b>Bras</b>	The eternal struggle of every woman, or heavily-chested man every 2-3 days.
<b>Light switches (use the light switch! Never wash a light switch in any form!)</b>	Once a week.
<b>Remote controls</b>	Once a month.
<b>Fridge</b>	Disinfect and wipe out every week.

- HOW TO ADULT -

## FOLDING FITTED SHEETS: MAKE THE MYTH A REALITY

I once believed that folding a fitted sheet was an adulting urban legend, a skill only to be dreamed of, but never actually accomplished. I convinced myself I didn't really need to know how to fold a fitted sheet anyway, what's wrong with a good old ball-up sheet shoved deep into the back of your cupboard where no one can see your shame? Oh, how wrong I was... I sheet you not, of all my new adulting knowledge, the ability to fold a fitted sheet is one of my most treasured skills. There is no experience that has given me as much pride and satisfaction as making a perfect square out of that unruly tangle of cloth and elastic. *Adulty AF.*

- 1 Lay your sheet out** on a flat surface, grab the bottom corners and turn them inside out. Tuck these into the top corners, aligning the seams to create a rectangle.
- 2 Fold your rectangle in half** with the elastic edges tucked inside themselves.
- 3 Fold in half again** so you have a square sheet, and smooth down to remove wrinkles.
- 4 Fold sheet into thirds.** Done. In four easy steps you've become an adult.



- HOUSEHOLD -

## WASH YOUR CLOTHES WITHOUT RUINING THEM

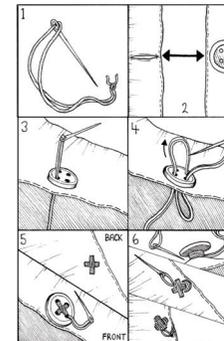
Being an adult ruins so many things: the ability to drink without heeling like you're going to die the next day, the use of naepience as an excuse for stupidity, and most of all, the enjoyment of being a filthy mess without judgement. Let's face it: even people who aren't trash humans still gotta shit all over themselves from time to time, and it's an unspoken rule of the universe that all white shirts are destined to be ruined before their time. To my mind, one of the most precious abilities of those whimsical adults who are just too grown-up for their own good is the capacity to throw even the most stained garment in the wash and have it reappear looking fresher than ever. Us mere mortals can only dream of having such abilities, but these tips will help you get a little closer to that godly level of skill.

- **Delicate bags:** These mesh bags cost about \$2 and are endlessly useful. Stuff them with your bras, stockings and those undies you save for special occasions to avoid destroying all these pretty things that cost so very much.
- **Wash your clothes inside out:** This sounds stupid, but it means any wear and tear that occurs in the wash cycle will only happen to the inside of your garments, so just like you, your clothes will be able to maintain a clean facade that ensures no one will know how ruined they are on the inside.
- **Use the gentle cycle** on your washing machine... even if you don't think you need to. Realistically, what are you washing that needs to be spun around at 1000km/h? You're dirty, but you're not that dirty.
- **Read the care labels:** Although mainly considered

- HOUSEHOLD -

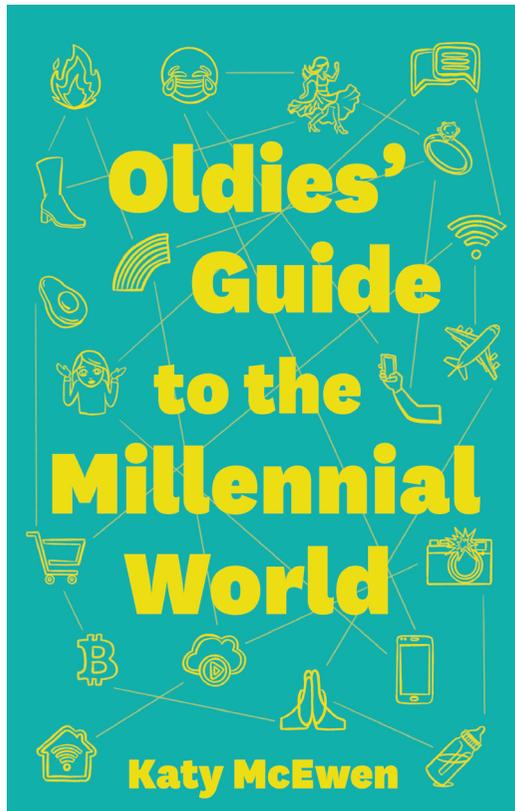
<b>Oil stains, e.g. salad dressing or from spitting frying pans</b>	Sprinkle with salt and let sit before washing.
<b>Protein stains, e.g. vomit, sweat and blood</b>	Alkaline stain removers, like ammonia. Pro tip: Hot water makes protein set, so always use cold water for these.
<b>Combination stains, e.g. sauces and make-up</b>	Rinse with cold water, then gently rub detergent on the stain.
<b>Grass stains</b>	Soak in cool water with detergent for a minimum of 30 minutes, then wash.
<b>Mud stains</b>	Let the mud dry, then brush it off. Soak in warm water with 1 heaping dish detergent and 1 tablespoon white vinegar. Rinse with cold water.
<b>Coffee</b>	For fresh stains, rinse immediately with cold water. Soak in warm water and detergent, then soak for 30 minutes.
<b>Alcohol</b>	Scrape the stain with a clean amount of water mixed with detergent or white vinegar.

- HOUSEHOLD -



# OLDIES' GUIDE TO THE MILLENNIAL WORLD

Katy McEwen



Ever felt like you're completely out of touch with the evolving world?

Unable to tell your 'Lots of Love' from your 'Laugh Out Loud'?

Are you in a complete daze when it comes to streaming, swiping left, LGBTQIA+ and cryptocurrency?

This is the book for you.

All these things the millennial generation take for granted are now within your reach thanks to the helpful guide to the banter of the modern age.

**'Remember when we cried as kids and our parents said, "I'll give you something to cry about"? We thought they were going to hit us but instead they destroyed the housing market, quadrupled college tuition, and melted the ice caps.'**  
*Imagine@Funny\_Imagine on Twitter*

*Katy McEwen is a baby boomer surrounded by millennials. She grew up in the UK and has spent her life around books, including working in a bookshop and various publishing companies before moving to Australia.*

*Married with three millennial children she is constantly trying to understand, she decided that there were more than likely others who might like to be let into those secrets too, so put together the Oldies' Guide to the Millennial World (with some help from her kids and workmates!).*

## With Topics Including:

The World Wide Web, Smartphones, Facebook, Instagram, Twitter, Memes, Reddit, Echo Chambers, YouTube, Streaming, The Cloud, The Internet of Things, Smart Homes, Online Privacy, Google, Big Data, Amazon, Online Shopping, Fashion, Bitcoin, LinkedIn, Self-brand, WhatsApp, Tinder, Relationships, The Rainbow - LGBTQIA+, Marriage, Religion, Politics, Drugs, Feminism, Housing, The New Sharing Economy, Climate Change, Education, Working Life, Travel, Language, Visual Language, Gen Z

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**Page Size:** 198 mm x 128 mm

**Extent:** 250 pages Full Colour

**Rights Held:** World



Millennials teach Baby Boomers a thing or two in this clever (and accurate) guide to the Millennial world.

<ul style="list-style-type: none"> <li>Society</li> <li>Technology</li> <li>Platform</li> <li>New Concept</li> <li>Lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>Online Shopping 86</li> <li>Fashion 90</li> <li>Bitcoin and Blockchain 94</li> <li>LinkedIn 98</li> <li>Self-brand 102</li> <li>WhatsApp 106</li> <li>Tinder 110</li> <li>"It's Complicated" Relationships 114</li> <li>The Rainbow (LGBTQIA+) 118</li> <li>Marriage 122</li> <li>Religion 126</li> <li>Politics 130</li> <li>Drugs 134</li> <li>Feminism 138</li> <li>Housing 142</li> <li>The New Sharing Economy 146</li> <li>Climate Change 150</li> <li>Education 154</li> <li>Working Life 158</li> <li>Travel 162</li> <li>Language - in Short! 166</li> <li>Gen Z 172</li> </ul>
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## Introduction

GENERATIONS seem to be a big deal. Not sure you want to be defined by your year of birth? Aren't we all unique? Yes, of course. Then again, how do you explain late quinoa and marinated avocado to someone who grew up on grilled lamb chops and frozen peas?

There's no doubt that world events, developments in technology, and economic and social shifts affect a person's world view, tastes, attitudes and expectations. There are people called demographers who study all that. The consensus is that we can usually relate to individuals born around the same time as us as we have shared influences, and these become a kind of shared language – even if we have different personalities, politics and private experiences.

**'MILLENNIALS ARE THE "KEEP YOUR OPTIONS OPEN" GENERATION BECAUSE THEY'VE HAD TO BE.'**

*Hugh Mackay, social researcher and writer*

The trick is learning how to communicate with people who aren't born around the same time as us.

In this era of rapid change, it's easy to feel out of touch with how people of different generations speak, and to understand their attitudes and values.

*Oldies' Guide to the Millennial World* is a quick reference for anyone who's feeling a little out of date with it all and wants a simple crash course.

The *Magnum Dictionary* defines 'generation' as 'the whole body of individuals born about the same time'. Somehow different generations have acquired nicknames for reference. These naming conventions probably started with the Baby Boomer phenomenon, with the surge of births at the end of the Second World War. There was then a clear and dramatic drop in the birth rate in 1964.

Broadly speaking, people born between 1965 and 1979 came to be known as Generation X, and those born between 1980 and 1995 came to be known as Generation Y, or more colloquially, Millennials.

This is an exciting group. Growing up with a constantly changing array of technology at their fingertips, Millennials have had to derive new ways of relating to each other – and coping with the burden of 24/7 connectivity. According to Patrick Steubli, Millennials have 'an urgent, enthusiastic desire to find new solutions to the world's most pressing problems.' It's definitely worth the effort to figure out what they're speaking about and what they have to say.



**'REMEMBER WHEN WE CRIED AS KIDS AND OUR PARENTS SAID, "I'LL GIVE YOU SOMETHING TO CRY ABOUT"? WE THOUGHT THEY WERE GOING TO HIT US BUT INSTEAD THEY DESTROYED THE HOUSING MARKET, QUADRUPLED COLLEGE TUITION, AND MELTED THE ICE CAPS.'**

*Imagine @Funny, Imagine on Twitter*

## TECHNOLOGY

### The World Wide Web

**T**HE bedrock on which the Millennials' digital world is built was being created at the same time they were. Since the 1960s, researchers and government departments had been refining ways to communicate by computer, linking computers to networks through an 'internet'. In 1989, computer scientist Tim Berners-Lee developed a system whereby his computers could look up publicly available information on other people's computers, which he named the World Wide Web (this is the origin of the www in web addresses).

Similar ideas were being explored by other software engineers at that time, but the advantage of Berners-Lee's method was that it was quick, simple and free. Around the world, people began publishing information they wanted to share, and using the internet to surf the web – to follow their noses and click on all sorts of websites.

While for Baby Boomers and Gen-Xers, using the web involved considerable learning, Millennials grew up with it, which is why they were dubbed 'digital natives'.

**FUN FACT**

**THE WORLD WIDE WEB WAS ALMOST CALLED "INFORMATION MESH" OR "THE INFORMATION MINE" OR "MINE OF INFORMATION".**

It was the Apple iPhone that paved the way and was responsible for the main cultural transition, although the free-to-use Android operating system has since gained a large share of the smartphone market.

**FUN FACT**

**SMARTPHONES DO ALMOST NO PROCESSING; INTERNET CONNECTIVITY ALLOWS FOR PROCESSING TO OCCUR ELSEWHERE AND THEN FOR THE DATA TO BE DELIVERED BACK TO THE PHONE – WHICH ALSO SAVES BATTERY POWER.**

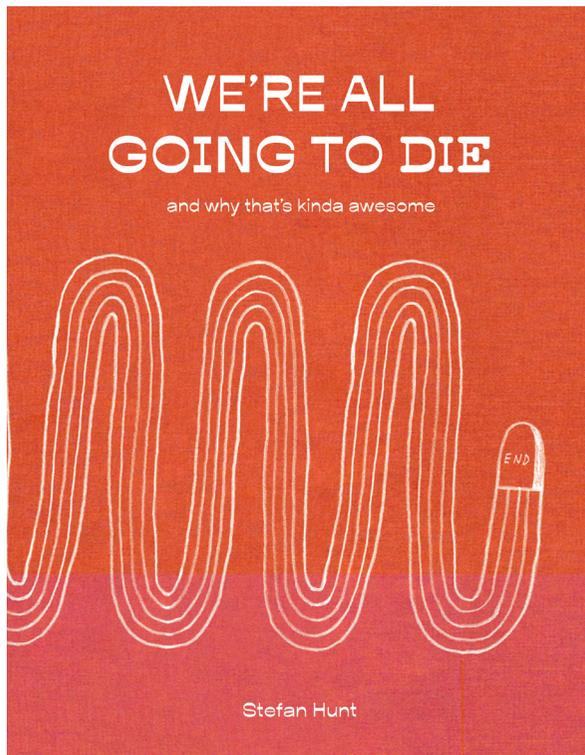
With the widespread adoption of the smartphones, the majority of users are accustomed to being connected to the internet 24/7. In fact, this has driven the expansion of platforms and apps like Facebook and Instagram.

The symbiosis of the smartphone and the internet has been transformative. In a generation, teenagers went from having to be at home on a static phone line in order to contact a friend to being able to pull a smartphone out of their pocket and respond immediately. This instant connection, irrespective of location or time of day, means that the default of a Millennial is to be online constantly and available at all times.



**'I FEEL ABOUT MY PHONE THE WAY HORROR-MOVIE VENTRILOQUISTS FEEL ABOUT THEIR DUMMIES: IT'S SMARTER THAN ME, BETTER THAN ME, AND I WILL KILL ANYONE WHO COMES BETWEEN US.'**

*Colson Whitehead, The Noble Hustle: Poker, Beef Jerky & Death*



*10 out of 10 people reading this will die.*

Stefan Hunt was a successful film director, travelling around the world capturing beautiful stories and making new friends, a life one can only dream about. Then, at the age of 27, he became riddled with an anxiety which left him paralysed with fear and questioning his purpose. On the advice of a friend he decided to put pen to paper in search of relief, and out tumbled the five words which began a poem that led to his major epiphany: *We're All Going to Die*. Far from being a morbid thought, Hunt felt reassurance and inspiration when he accidentally stumbled across life's only guarantee.

Written and illustrated by Hunt, *We're All Going to Die* takes on the immense task of exploring the meaning of life in the form of a Dr Seuss-esque book for adults. Pairing eloquent prose with whimsical illustrations, this picture book follows a conversation between fear and death asking you to look at the 'what ifs', the 'why nots' and the 'oh wells' that might flash before your eyes if Death were to pay you a visit. The result is a simple message: Fear Less and Live More.

*Stefan Hunt is a writer and filmmaker collaborating with the biggest global brands, directing multi-award-winning documentaries, commercials, music videos and TV series.*

*His most ambitious creative project to date is *We're All Going to Die*, which also consisted of short-film and multimedia art festival in Sydney, aimed at empowering an audience to 'fear less and live more'.*

*He currently lives in New York City.*



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